La Gota Fria



Compte: 64 Mur: 2 Niveau: Intermediate

Chorégraphe: Wil Bos (NL) - December 2019

Musique: La Gota Fría - Carlos Vives



Info: Intro 26 counts (start on vocals)

Heel Grind R, Out, Out, Heel Grind L, Out, Out, Cross Over, Step L x 2, Side Rock, Recover

1&2 RF. Step on heel move toe from left to right - LF. Small step back out - RF. Small step back

out

3&4 LF. Step on heel move toe from right to left - RF. Small step back out - LF. Small step back

out

5&6& RF. Cross over LF - LF. Step to L – RF. Cross over LF - LF. Step to L

7&8 RF. Cross over LF – LF. Side rock – RF. Recover (12.00)

Cross Over, Step R x 2, Side Rock, Cross Rock, Recover, Cross Over, Rock step Fwd, Recover, ½ step R step Fwd, ½ Change Turn R

1&2& LF. Cross over RF - RF. Step to R – LF. Cross over RF - RF. Step to R

3&4 LF. Cross LF over RF – RF. Side rock – LF. Recover
 5&6 RF. Rock fwd - LF. Recover – RF. ½ right step fwd
 7&8 LF. Step fwd – RF. ½ turn R step fwd – LF. Step fwd

Mambo Step Back, Coaster Step L, Vaudeville R, Step R, Vaudeville L

1&2 RF. Rock step fwd - LF. Recover - RF. Step back

3&4 LF. Left step back - RF. Close beside LF – LF. Step fwd

5&6& RF. Cross over LF - LF. Small step back - RF. Touch Heel diagonal fwd – RF. Step on place 7&8& LF. Cross over LF - RF. Small step back - LF. Touch Heel diagonal fwd – LF. Step on place

Rock step Fwd, Recover, ½ step R step Fwd, Shuffle ½ Turn right x 2, ¼ Cross Samba L

1&2 RF. Rock fwd - LF. Recover - RF. ½ right step fwd

3&4 LF. ¼ R step to L – RF. Close beside LF – LF. ¼ R Step fwd
 5&6 LRF. ¼ R step to R – LF. Close beside RF – RF. ¼ R Step fwd
 7&8 LF. Cross over RF – RF. ¼ L step back – LF. Step L side

Cross Samba, ¼ Cross Samba L, ¼ Turn step L, Step Together, ¼ Turn L step Fwd, ¼ Turn step R, Step Together, ¼ Turn R step Fwd,

1&2 RF. Cross over LF – LF. Step left side – RF. Step right side
 3&4 LF. Cross over RF – RF. ¼ L step back – LF. Step L side
 5&6 RF. ¼ L step to R – LF. Close beside RF – RF. ¼ R Step fwd

7&8 LF. ¼ R step to L – RF. Close beside LF – LF. ¼ L Step fwd *** (Restart Here)

Cross Rock Fwd, Side Rock, Rock Behind, Point Right, 1/2 Sailor step R, 3/4 Triple Step L Sweep

1&2& RF. Rock over LF - LF. Recover – RF. Rock step R, Recover

3&4 RF. Rock behind LF – LF. Recover – RF. Point to R

5&6 RF. Cross behind LF – LF. ¼ R step left side – RF. ¼ R Step fwd

Cross Over, Step Left, Cross Behind & Sweep, Cross Behind, Step to right, Cross Over & Sweep, Cross Shuffle, Chasse Left.

1&2 RF. Cross over LF - LF. Step to left – RF. Cross behind LF & sweep from front to back

3&4 LF. Cross behind RF – RF. Step To right side – RF. Cross over LF & sweep L from back to

front

5&6 RF. Cross over LF – LF. Step left side – RF. Cross over LF

7&8 LF. Step side - RF. Step together - LF. Step side

Sailor Step , 1/4 Sailor Step Left, Mambo fwd, Mambo Back

1&2 RF. Cross behind LF - LF. Step to L – RF. Step to R

3&4 LF. Cross behind RF – RF. ¼ Left step back – LF. Step Left

5&6 RF. Step Fwd – LF. Recover – RF. Step back
 7&8 LF. Step back – RF. Recover – LF. Step fwd

Start Again

Tag: After the 2nd wall (12:00)

Heel Grind R, Out, Out, Heel Grind L, Out, Out

1&2 RF. Step on heel move toe from left to right - LF. Small step back out - RF. Small step back

out

3&4 LF. Step on heel move toe from right to left - RF. Small step back out - LF. Small step back

out

Restart: In the 4th wall after count 40, count 8 of the 5th block (6:00)