Compte: 96
Mur: 1
Niveau: Phrased Advanced
Chorégraphe: Rebecca Lee (MY) - October 2019
Musique: Genetics - Meghan Trainor : (2:58)
Intro : Start after 16 counts (app. 8 sec. into track)
Sequence: AA B C , AA B C C(16 counts) AA C C(16 counts)

| Part A: 16 counts |  |
| :--- | :--- |
| [1-8] Step Hold, Ball Step Touch, $1 / 4$ Turn $L$ Heel Grind |  |
| $1-2$ | Step $R$ to $R$ side (1) Hold (2) $12: 00$ |
| $\& 3,4$ | Step $L$ next to $R(\&)$ Step $R$ to $R$ side (3) Touch $L$ behind $R(4) 12: 00$ |
| $5-6$ | $1 / 4$ turn $R$ step $L$ back and grind $R$ heel from $L$ to $R(5)$, Step $R$ back while grind $L$ heel from $R$ |
| $7-8$ | to $L(6) 3: 00$ |
|  | Step $L$ back while grind $R$ heel from $L$ to $R(7)$ Step $R$ back while sweep $L$ from front to back |
|  | (8) $3: 00$ |

[9-16] Behind Side Cross, Slide ,Drag, Cross ,Back, $1 / 4$ Turn R Ball Cross, Knee Pop
1\&2 Step $L$ behind $R(1)$, Step $R$ to $R$ side (\&) Cross $L$ over $R(2)$ 12:00
3-4 $\quad$ Big Step $R$ to $R$ side (3) Drag $L$ slowly to $R$ (4) 12:00
\&5-6 Step $L$ beside $R(\&)$ Cross $R$ over $L$ (5), Step $L$ to $L$ side (6) 6:00
\&7\&8 $\quad 1 / 4$ turn $R$ step $R$ to $R$ side (\&), Cross L over $R$ (7) Lift both heel up as you pop both knee forward (\&) Recover both heel down (8) 6:00

Part B: 32 counts
[1-8] Diagonal Rock , Behind Side, $1 / 2$ Turn Step Touch
1-2 Rock $R$ to $R$ diagonal (1), Recover L (2) 1:30
3-4 Rock $R$ to $R$ diagonal (3), Step $L$ back with weight transfer to $L$ (4), 1:30
5-6 Step $R$ back (5) 3/8 turn $L$ step $L$ forward (6) 9:00
7-8 $1 / 4$ turn $L$ Step $R$ to $R$ side (7), Touch $L$ in place (8) 6:00
[9-16] Step Touch, Side Rock , Jazz Box
1-2 Step $L$ in place (1) Touch $R$ in place (2) 12:00
3-4 Rock $R$ to $R$ side (3) Recover $L$ (4) 10:30
5-8 Cross $R$ over $L$ (5) Step $L$ back (6) Step $R$ to $R$ side (7) Cross $L$ over $R$ (8) 10:30
[17-24] Diagonal Rock , Behind Side, $1 / 2$ Turn Step Touch
1-2 Rock $R$ to $R$ diagonal (1), Recover L (2 ) 9:00
3-4 Rock $R$ to $R$ diagonal (3), Step $L$ back with weight transfer to $L$ (4), 9:00
5-6 Step $R$ back (5) 3/8 turn $L$ step $L$ forward (6) 9:00
7-8 $8 \quad 1 / 4$ turn $L$ Step $R$ to $R$ side (7), Touch $L$ in place (8) 9:00
[25-32] Step Touch, Side Rock , $3 / 4$ Turn Box
1-2 Step $L$ in place (1) Touch $R$ in place (2) 12:00
3-4 Rock $R$ to $R$ side (3) Recover $L$ (4) 12:00
5-6 $6 \quad$ Slide $R$ to $R$ side (5) $1 / 4$ turn $L$ Step $L$ to $L$ side 9:00
7-8 $1 / 4$ turn $L$ Step $R$ to $R$ side, $1 / 4$ turn $L$ step $L$ to $L$ side 3:00

Part C: 48 counts
[1-8] 1/4 Turn L Slide R, Ball Cross , Rock Recover , Ball Step, ChaseTurn
1 - $3 \quad 1 / 4$ turn $L$ Big Step $R$ to $R$ side (1) Drag Left to $R(2,3) 12: 00$
\&4 Step $L$ next to $R(\&)$ Cross $R$ over $L$ (4) 10:30

| $6-7$ | $1 / 2$ turn $L$ Step $L$ forward as you sweep $R$ front to side $10: 30(6) 1 / 2$ turn $L$ Step $R$ back as you <br> sweep $L$ back to side (7) $4: 30$ |
| :--- | :--- |
| 83 | $/ 8$ turn $L$ Step $L$ forward as you sweep $R$ from back to front (8) $12: 00$ |

## [25-32] Cross Shuffle , Out Out, Hold , Arm Movement

1\&2 Cross R over L (1) Step $L$ to $L$ side (\&) Cross R over L (2) 12:00
\&34 Step $L$ back to $L$ side (\&), Step $R$ back to $R$ side (3) Hold (4) 12:00
5\&6\& Bring up $R$ arm in front of $R$ shoulder as your palm facing $L$ while bring $L$ arm to $L$ waistline with palm facing $R(5)$ Flip $R$ arm down to $R$ waistline while $L$ arm flip up to place in front of $L$ shoulder (\&) Push $R$ arm to $L$ side of the waist as Push $L$ arm to $R$ shoulder (6) Bring $R$ arm back to $R$ waist and bring $L$ arm back to $L$ shoulder ( $\&$ ) 12:00
7\&8\& $\quad$ Flip $R$ arm up to $R$ shoulder and Flip $L$ arm down to $L$ waist (7) Push $R$ arm across to $L$ shoulder while $L$ arm stay at $L$ waist, remain unmoved (\&) Flip $R$ arm down to meet $L$ arm (\&) Push both arm across the waist to $R$ waist while transfer weight to $R$ ready to shake (8) 12:00

## [33-40] Hip Bump R, Ball Cross , Hip Bump L, Ball Cross

1\&2\& Bump R hip to $R$ side (1) Recover $L$ (\&) Bump $R$ hip to $R(2)$ Recover $L$ (\&) 12:00
3\&4
Bump R hip to $R$ side
(3) Step $L$ next to $R(\&)$ Cross $R$ over $L$ (4) 12:00

5\&6\&
Bump $L$ hip to $L$ side
(5) Recover $R(\&)$ Bump $L$ hip to $L$ (6) Recover $R(8)$
(\&) 12:00
7\&8
Bump L hip to $L$ side (7) Step R next to $L$ (\&) Cross L over R (8) 12:00
[41-48] Side Rock, Ball Step,Hold, Arm Movement
1-2 Rock $R$ to $R$ side (1) Recover $L$ (2) 12:00
\&34 Step R to $L$ (\&) Step $L$ to $L$ (3) Hold (4) 12:00
5\&6\& Bring up $R$ arm in front of $R$ shoulder as your palm facing $L$ while bring $L$ arm to $L$ waistline with palm facing $R(5)$ Flip $R$ arm down to $R$ waistline while $L$ arm flip up to place in front of $L$ shoulder (\&) Push R arm to L side of the waist as Push L arm to R shoulder (6) Bring R arm back to $R$ waist and bring $L$ arm back to $L$ shoulder (\&) 12:00
7\&8\& $\quad$ Flip $R$ arm up to $R$ shoulder and Flip $L$ arm down to $L$ waist (7) Push $R$ arm across to $L$ shoulder while $L$ arm stay at $L$ waist remain unmoved (\&) Flip R arm down to meet $L$ arm (\&) Push both arm across the waist to $R$ waist while transfer weight to $R$ ready to shake (8) 12:00

* On 2nd \& 3rd wall, after you done with the 48counts repeat counts 32-48 and Step R with weight to restart Part A.
**At wall 3, at the end of Part A you will be finishing at $12: 00$, drop of the $1 / 4$ turn to $L$ of Part $C$, make a big slide to R on count 1.

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