Compte: 64
Mur: 2
Niveau: High Intermediate
Chorégraphe: Neville Fitzgerald (UK) \& Julie Harris (UK) - January 2020
Musique: Superpower - Adam Lambert : (iTunes)

## Starts 8 Counts...

## Rock Recover, Step Lock Forward, Out, Out, Ball Cross, \& Together.

1-2 Rock Forward on Left, recover on right (slight roll of body)
3\&4 Step forward on Left, lock Right behind Left, step forward on Left.
5-6 Step Right out to Right side, step Left out to Left side,
\&7\&8 Step Right next to Left , cross step Left over Right, step Right to Right side, make $1 / 8$ turn to Left as you step Left next to Right popping Right knee. (10.30)

Step, Lock Step Forward, Step 1/2, 1/2 Lock Step, Side.

| 1-2\&3 | Step forward on Right. Step forward on Left, lock Right behind Left, step forward on Left. |
| :---: | :---: |
| 4-5 | Step forward on Right, make $1 / 2$ pivot to Left. (4.30) |
| 6\&7 | $1 / 4$ turn to Left stepping Right to Right side, lock Left over Right, $1 / 4$ turn To Left stepping back on Right. (10:30) |
| 8 | Step Left to Left side. (9.00) |
| Back Rock Side, Behind 1/4 Side, Back Rock Side, Behind 1/4 Side, Touch. |  |
| 1\&2 | Cross rock Right behind Left, recover on Left, step Right to Right side. |
| $3 \& 4$ | Cross step Left behind Right, make $1 / 4$ turn to Right stepping forward on Right, step Left to Left side .(12.00) |
| $5 \& 6$ | Cross rock Right behind Left, recover on Left, step Right to Right side. |
| 7\&8\& | Cross step Left behind Right, make $1 / 4$ turn to Right stepping forward on Right, step Left to Left side , touch Right next to Left.(3.00) |

Step Touch, Step Touch, Step Touch, Coaster Step, Step 1/2, 1/4.
1\&2\& (Travelling backwards) Step diagonally back on Right, touch Left next to Right. Step diagonally back on Left, touch right next to Left.
3\& Step diagonally back on Right, touch Left next to Right.
4\&5 Step back on Left, step Right next to Left, step forward on Left.
6-8 Step forward on right, make $1 / 2$ pivot to Left, make $1 / 4$ turn to Left stepping Right to Right side. (6.00)

## Bounce \& Bounce, Rock Back, Recover, $1 / 4$ Cross \& Cross \& Cross \& Cross

1\&2 Step back on Left as you bounce down, recover on Right, step down on Left as you bounce again.
3-4 Rock back on Right, recover forward on left.
5\&6\& Make 1/4 turn to Right cross stepping Right over Left, step Left to Left side, cross step Right over Left, step Left to Left side.
7\&8 Cross step Right over Left, step Left to Left side, cross step right over Left. (Rotating hips anticlockwise for count 5-8)

Side Touch, Side, Behind \& Cross, Side, $1 / 4$ Hinge, $1 / 4$ Hinge, Behind \& Cross.
\&1-2 Step Left to Left side, touch Right next to Left, Step Right to Right side.
3\&4 Cross step Left behind Right, step Right to Right side, cross step Left over Right.
5-6 Step Right to Right side, make $1 / 4$ hinge to Left stepping Left to Left side. (6.00)
7-8\&1 Make 1/4 hinge turn to Left stepping Right to Right side, cross step Left behind Right, step Right to Right side, cross step Left over Right. (3.00)

Side Rock, Recover \& Side, Touch, $1 / 4$ Back Sweep, Behind \& Cross
2-3 Rock Right to Right side, recover on Left.
\&4-5 Step Right next to Left, step Left to Left side, touch Right next to Left.
$6 \quad$ Make $1 / 4$ turn to Left stepping back on Right sweeping Left out to Left side. (12.00)
7\&8 Cross step Left behind Right, step Right to Right side, cross step Left over Right.
$1 / 2$ Turning Circle, \& Walk, Walk, Rock Recover.
1-2 Make $1 / 8$ turn to Right stepping forward Right (1.30) make $1 / 8$ turn to Right stepping Left to Left side (3.00)
3-4 Make $1 / 8$ turn to Right stepping back on Right (4.30) Step back on Left.
\&5-6 Make $1 / 8$ turn to Right stepping Right next to Left (6.00) Walk forward L-R.
7-8 Rock forward on Left, recover back on Right with slight body roll (6.00)

## Restart on Wall 2 ... Dance Up to Count 32 Section 4 Then Restart .

