# **Coconut Tree**



Compte: 32 Mur: 4 Niveau: Novice

Chorégraphe: Ronny Palerud Larsen (NOR), Daniel Trepat (NL) & Raymond Sarlemijn (NL) -

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Musique: Coconut Tree (feat. Nicole Scherzinger) - Mohombi



#### Dance starts after 32 counts when the heavier beat kicks in

## Step side, Together, Step side, Together, Walk fwd R L R L with shimmy shoulders

1 RF Step to right side 2 LF Step together 3 RF Step to right side 4 LF Step together 5 RF Walk forward 6 LF Walk forward 7 RF Walk forward 8 LF Walk forward

## On count 5 to 8 also doing shimmy shoulders

## Step side, Hitch, ¼ turn L, Step side, Hitch, 3x Bumps or Hip rolls, ¼ turn L with a flick

1 RF Big step to right side

2 LF Hitch & 1/4 turn left

3 LF Big step to left side

4 RF Hitch

5 RF Step to right side & bump to right

Bump to right againBump to right again

B LF ¼ turn left stepping next right and flicking the RF back

## On 5 to 7 you can also do hip rolls

## Walk fwd R & L, 2x 1/2 turning shuffle L, Cross, Rockstep

RF Walk forward
 LF Walk forward

3 RF ¼ turn left stepping to right side

& LF Step next to RF

4 RF ¼ turn left stepping back 5 LF ¼ turn left stepping to left side

& RF Step next to LF

6 LF ¼ turn left stepping forward

7 RF Cross over LF

& LF Step slightly to left side

8 RF Recover weight

# Cross, Rockstep 1/4 turn L, Kick switches, Pivot turn, Hip movement

1 LF Cross over RF

& RF Step slightly to right sideLF ¼ turn left stepping forward

3 RF Kick forward
& RF Recover
4 LF Kick forward
& LF Recover

- 5 RF Step forward
- 6 LF ½ turn left stepping forward
- 7 RF Step to right side (move hips to right)
  8 LF Recover weight (move hips to left)

Start again and don't forget to smile  $\hfill\Box$