# Jump Jump



Compte:	64	Mur:	2	Niveau:	Intermediate
Chorégraphe:	Doug Miranda (U 2020	JSA),	Jackie Miranda	(USA) & .	Anni Wunderlich (USA) - January
Musique:	Jump (For My Lo Sisters)	ove) -	The Pointer Sist	ers : (Alb	um: The Best of The Pointer

## Dance starts after 48 counts with vocals

#### Set 1: Step Back with Hip Bumps, Step Back with Hip Bumps, Rock Back, Recover, Shuffle Forward

- 1&2 Step back on R as you bump R hip down (sit position), bump L hip up, bring R hip down
- 3&4 Step back on L as you bump L hip down (sit position), bump R hip up, bring L hip down
- 5-6 Rock back on R, recover on L
- 7&8 Shuffle forward R, L, R

## Set 2: Step 1/2 Turn, Shuffle Forward, Hip Rolls 1/2 Turn

- 1-2 Step forward on L, turn <sup>1</sup>/<sub>2</sub> turn R stepping forward on R
- 3&4 Shuffle forward L, R, L
- 5-6 Step slightly forward on R and rolls hips counterclockwise ¼ turn L (weight ending on L)
- 7-8 Step slightly forward on R and rolls hips counterclockwise ¼ turn L (weight ending on L)

## Set 3: Rocking Horse, Bump Hips with Panning Arm Move

- 1-4 Rock forward on R, recover back on L, rock back on R, recover forward on L
- 5-8 Step R to R side (feet are apart) bump R hip as you look from L to R and either point R index finger

## or have palm of R hand facing up as you pan R arm from L to R (weight on R on count 8)

## Set 4: Bump Hips with Panning Arm Move, Pivot 1/2 Turn, Pivot 1/2 Turn

- 1-4 Switch weight to L (feet are still apart) and bump L hip as you look from R to L and either point L index finger or have palm of L hand facing up as you pan L arm from R to L (weight on L on count 4)
- 5-8 Step forward on R, pivot ½ turn L (weight on L), step forward on R, pivot ½ turn L (weight on L)

# \*(BRIDGE WILL OCCUR HERE)

## Set 5: Jump Forward Out-Out, Clap, Jump Back Out-Out, Clap, Hip Bumps

- &1-2 Jump forward with feet apart R, L for counts &1, clap on count 2
- &3-4 Jump back with feet apart R, L for counts &3, clap on count 4
- 5-8 Bump R hip to R side for counts 5-6; bump L hip to L side for counts 7-8 (weight ends on L)

## Set 6: ¼ Turn Step Back, Step Back, Back Coaster Step, Full Turn Forward, Shuffle Forward

- 1-2 Turn ¼ turn L (9 o'clock wall) as you step back on R, step back on L
- 3&4 Step back on R, step L next to R, step forward on R
- 5-6 Two count full turn stepping forward on L, turn 1/2 half turn L stepping back on R, turn  $\frac{1}{2}$  turn L
- 7&8 Shuffle forward L, R, L (still facing 9 o'clock)

# Set 7: Side Ball Cross, Hold, Hip Bumps with Arm Rolls and Hand Gestures

- &1-2 Step R to R side, cross L over R (weight on L), hold on count 2
- 3-4 Step R to R side as you bump hips R twice and roll arms to upper L side (count for rolling arms 3&4)
- 5-6 Shift weight to L as you bump hips L twice and roll arms to upper R side (count for rolling arms 5&6)

7-8 Shift weight to R as you bump hips R twice for 7-8 and "slice" hands (palms facing away from you), arms bent with R hand slightly higher than L, switching them like a "karate chop" (counts 7&8)

Set 8: Side Rock, Recover, And Step Together, Side Rock, Recover, Step Behind, ¼ Turn, Rock Forward, Recover

- 1-2 Side rock L to L side, recover on R
- &3-4 Step L next to R, rock R to R side, recover on L
- 5-8 Step R behind L, turn ¼ L on L, rocking forward on R, recover back on L

## START AGAIN!

\*BRIDGE: After you have danced the dance to the front wall and back wall, dance the first 32 counts of the dance (Sets 1-4) and then the following 16 counts : (you will be at the front wall) SIDE POINTS

1-2 Point R to R side, hold
&3-4 Step R next to L, point L to L side, hold for count 4
&5&6 Step L next to R, point R to R side, step R next to L, point L to L side
&7-8 Step L next to R, point R to R side, hold for count 8

#### PADDLE TURNS

- &1-2 Hitch R, turn 1/4 L as you push hips to R bringing weight to R, then push hips to L (9 o'clock)
- 3-4 Turn 1/4 L as you push hips to R bringing weight to R, then push hips to L (6 o'clock)
- 5-6 Turn 1/4 L as you push hips to R bringing weight to R, then push hips to L (3 o'clock)
- 7-8 Turn 1/4 L as you push hips to R bringing weight to R, then push hips to L (12 o'clock)

Then continue the dance where you were before the tag which is at SET 5 (NOT A RESTART)

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