# Positive Thoughts for Tough Times



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Linda Nyholm (CAN) - March 2020

Musique: Livin' Ain't Killed Me Yet - Reba McEntire



Hope this gives you some positive thoughts while the world goes through this virus. Stay healthy, everyone!!!

## SECTION 1: STEP SIDE TOGETHER, SIDE TOGETHER, KICK BALL CHANGE x2

1-2 Step right to side, step left beside right3-4 Step right to side, step left beside right

5&6 Kick right fwd, step on ball of right foot, step left slightly fwd 7&8 Kick right fwd, step on ball of right foot, step left slightly fwd

# SECTION 2: WALK FORWARD X3, POINT LEFT, WALK BACK X2, TURN 1/4 TOUCH RIGHT

1-2 Walk fwd, right, left

3-4 Walk fwd right, point left to side

5-6 Walk back left, right

7-8 Step left ¼ to left, touch right (9)

#### **SECTION 3: RIGHT AND LEFT LINDYS**

1&2 Step right to side, left beside right,, step right to side

3-4 Rock back on left, recover to right

5&6 Step left to side, right next to left, step left to side

7-8 Rock back on right, recover to left

## SECTION 4: SIDE ROCK, CROSS SHUFFLE, HINGE TURN ½, FORWARD SHUFFLE

1-2 Rock right to side, recover to left

3&4 Cross right over left, step left to side, step right across left

5-6 Step left back ¼, step right fwd ¼ (3)

7&8 step left fwd, right beside left, left beside right

## \*2 RESTARTS—Sorry ;( but they are fairly easy

<sup>\*1</sup>st---4th sequence, after 2nd section as you turn to 6:00 (end of instrumentall)

<sup>\*2</sup>nd---9th sequence after 3rd section (Lindys) @ 9:00