Compte: 80
Mur: 1
Niveau: Soul dance
Chorégraphe: Windy Lawrence-Booker - March 2020
Musique: Steady Love - India.Arie : (Album: Worthy - 4:22)

## Step sheet prepared by Harry Woods <br> \#32 count intro after near 15 second lead-in, support on right to begin a rotation (first rotation itself actually begins with support on the left with the last two counts of the intro, the steps matching those for the last two counts of a rotation)

INTRO: STEP, POINT
7-8 Step right forward, point left to side

## SECTION 1: CROSS, SIDE, BEHIND SIDE CROSS, SWAY RLRL

1-2 Step left across right, step right to side
$3 \& 4 \quad$ Step left behind right, step right to side, step left across right
5-8 Step right to side swaying hips right, left, right, left replacing left
SECTION 2: CROSS, SIDE, BEHIND SIDE CROSS, SWAY LRLR
1-2 Step right across left, step left to side
$3 \& 4 \quad$ Step right behind left, step left to side, step right across left
5-8 Step left to side swaying hips left, right, left, right replacing right
SECTION 3: MAMBO FORWARD, MAMBO BACK, MAMBO LEFT, MAMBO RIGHT
1\&2 Rock left forward, recover right, step left slightly back
3\&4 Rock right back, recover left, step right slightly forward
5\&6 Rock left to side, recover right, close left
$7 \& 8 \quad$ Rock right to side, recover left, close right
SECTION 4: BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH
1-4 Step left back opening left, touch right beside left, step right back opening right, touch left beside right
5-8 Step left back opening left, touch right beside left, step right back opening right, touch left beside right

SECTION 5: WALK LRLR, COASTER, WALK RL
1-4 Step forward left, right, left, right
5\&6 Step left back pushing off ball of right, step right beside left, step left forward
7-8 Step forward right, left
SECTION 6: SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH
1-4 Step right to side with sway, close left with sway, step right to side with sway, touch left beside right
5-8 Step left to side with sway, close right with sway, step left to side with sway, touch right beside left

SECTION 7: SIDE, DIP, RECOVER, DIP, REPLACE, DIP, RECOVER, DIP
1-4 Step right to side, dip left knee and shoulder toward right bending slightly, replace left raising slightly, dip left knee and shoulder toward right bending slightly
5-8 Recover left straightening, dip right knee and shoulder toward left bending slightly, replace right raising slightly, dip right knee and shoulder toward left bending slightly

Step right back opening right, touch left beside right, step left back opening left, touch right beside left

5-8 Step right back opening right, touch left beside right, step left back opening left, touch right beside left
Tag goes here during 2nd rotation with dance resuming with SECTION 9
SECTION 9: TRIPLE FORWARD, STEP (TURN ½), REPLACE, TRIPLE FORWARD, WALK RL
1\&2 Step right forward, step left beside right (3rd position), step right forward
3-4 Step left forward then turn $1 / 2$ right, replace right
5\&6 Step left forward, step right beside left (3rd position), step left forward Step forward right, left

SECTION 10: TRIPLE FORWARD, STEP (TURN ½), REPLACE, TRIPLE FORWARD, STEP, POINT
1\&2 Step right forward, step left beside right (3rd position), step right forward
3-4 Step left forward then turn $1 / 2$ right, replace right
5\&6 Step left forward, step right beside left (3rd position), step left forward
7-8 Step right forward, point left to side
REPEAT

TAG Follows SECTION 8 during 2nd rotation, after which, dance continues with SECTION 9 SECTION 1: TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT QUARTER, ROCK BACK, RECOVER
1\&2 Step right to side, step left beside right, step right to side
3-4 Rock left back, recover right
5\&6 Step left to side, step right beside left then turn $1 / 4$ right, step left back
7-8 Rock right back, recover left
SECTION 2: Repeat SECTION 1
SECTION 3: Repeat SECTION 1
SECTION 4: Repeat SECTION 1
ENDING During 3rd rotation after SECTION 10 count 6 continue to walk in time off floor
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