

Spirit of Love

Compte: 128

Mur: 1

Niveau: Phrased Improver

Chorégraphe: Bambang Satiyawan (INA) - March 2020

Musique: Quédate en casa - Ariel de Cuba



Dance Sequence : INTRO-A-B-C-A-B-C-A-B-D-B-C-D

INTRO (after 16 counts, on minutes 0:08), Lyric on slow music..

- | | |
|-------|---|
| 1 – 2 | Step R forward, Sweep L forward |
| 3 – 4 | Step L forward, Sweep R forward |
| 5 – 6 | Cross R over L, Step L back |
| 7 – 8 | Step R to side, Step L forward |
| | |
| 1 – 2 | Long step R to side, Hold (drag slightly) |
| 3 – 4 | Cross L slightly behind R, Cross R over L |
| 5 – 6 | Long step L to side, Hold (drag slightly) |
| 7 – 8 | Cross R slightly behind L, Cross L over R |

PART.A

A.I.SIDE-TOUCH-SIDE-TOUCH-DIAGONAL LOCK SHUFFLE RIGHT-DIAGONAL LOCK SHUFFLE LEFT

- | | |
|-------|---|
| 1 – 2 | Step R to side, Touch L beside R |
| 3 – 4 | Step L to side, Touch R beside L |
| 5 & 6 | Step R diagonal forward, Lock L behind R, Step R diagonal forward |
| 7 & 8 | Step L diagonal forward, Lock R behind L, Step L diagonal forward |

A.II.FORWARD-BESIDE TOUCH-BACK-BESIDE TOUCH-HIP BUMPS

- | | |
|-------|-------------------------------------|
| 1 – 2 | Step R forward, Touch L beside R |
| 3 – 4 | Step L back, Touch R beside L |
| 5 – 6 | Step R to side Hip Bump Right, Left |
| 7 – 8 | Hip Bump Right, Left |

A.III.(DIAGONAL BACK-BESIDE TOUCH) R-L-X2

- | | |
|-------|--|
| 1 – 2 | Step R diagonal back, Touch L beside R |
| 3 – 4 | Step L diagonal back, Touch R beside L |
| 5 – 6 | Step R diagonal back, Touch L beside R |
| 7 – 8 | Step L diagonal back, Touch R beside L |

A.IV.SIDE TOUCH-CLOSE-SIDE TOUCH-CLOSE-BRUSH-FORWARD TOUCH-ROCK RECOVER

- | | |
|-------|-----------------------------------|
| 1 – 2 | Touch R to side, Close R beside L |
| 3 – 4 | Touch L to side, Close L beside R |
| 5 – 6 | Brush your R, Touch R forward |
| 7 – 8 | Rock R in place, Recover on L |

PART.B

B.I.SIDE STEP-HOLD AND HIP ROLL-CLOSE-SIDE STEP-HOLD AND HIP ROLL-CLOSE-

- | | |
|---|--|
| 1 – 2 | Step R to side and hip roll, Hold with continue hip roll |
| 3 – 4 | Close L beside R, Hold |
| *with hand styling : push your hands up 2 times/counts | |
| 5 – 6 | Step L to side and hip roll, Hold with continue hip roll |
| 7 – 8 | Close R beside L, Hold |
| *with hand styling : push your hands up 2 times/counts | |

B.II.PADDLE TURN ¼ LEFT (X4)

- 1 – 2 Turn ¼ Left Rock R to side, Recover on L
- 3 – 4 Turn ¼ Left Rock R to side, Recover on L
- 5 – 6 Turn ¼ Left Rock R to side, Recover on L
- 7 – 8 Turn ¼ Left Rock R to side, Recover on L

B.III.REPEAT PART.B.I

B.IV.ROCKING CHAIR WITH HANDS STYLING

- 1 – 2 Rock R forward, Recover on L
(do hand styling : wipe your right hand with your left hand from tip to shoulder)
- 3 – 4 Rock R backward, Recover on L
(do hand styling : wipe your left hand with your right hand from tip to shoulder)
- 5 – 6 Rock R forward, Recover on L
(hand styling : wipe your head with your hands from top)
- 7 – 8 Rock R back, Recover on L
(continue rubbing head to neck)

PART.C

C.I.K STEP

- 1 – 2 Step R diagonal forward, Touch L beside R
- 3 – 4 Step L diagonal back, Touch R beside L
- 5 – 6 Step R diagonal back, Touch L beside R
- 7 – 8 Step L diagonal forward, Touch R beside L

C.II.GRAPEVINE TOUCH-GRAPEVINE BRUSH

- 1 – 2 Step R to side, Cross L behind R
- 3 – 4 Step R to side, Touch L beside R
- 5 – 6 Step L to side, Cross R behind L
- 7 – 8 Step L to side, Brush your R

C.III.JAZZ BOX (X2)

- 1 – 2 Cross R over L, Step L back
- 3 – 4 Step R to side, Step L forward
- 5 – 6 Cross R over L, Step L back
- 7 – 8 Step R to side, Step L forward

C.IV.PIVOT ½ LEFT (X2)-SIDE-BESIDE TOUCH-SIDE-BESIDE TOUCH

- 1 – 2 Step R forward, Turn ½ left Step L in place
- 3 – 4 Step R forward, Turn ½ left Step L in place
- 5 – 6 Step R to side, Touch L beside R
- 7 – 8 Step L to side, Touch R beside L

PART.D

D.I.BASIC BACHATA (R-L)

- 1 – 2 Step R to side, Close L beside R/ (or Cross L behind R)
- 3 – 4 Step R to side, Touch L to side with hip bump
- 5 – 6 Step L to side, Close R beside L/ (or Cross R behind L)
- 7 – 8 Step L to side, Touch R to side with hip bump

D.II.TURN AND SIDE-TOUCH-SIDE-TOUCH-TURN AND SIDE-TOUCH-SIDE-TOUCH

- 1 – 2 Turn ¼ left Step R to side, Touch L to side with hip bump
- 3 – 4 Step L to side, Touch R to side with hip bump
- 5 – 6 Turn ¼ left Step R to side, Touch L to side with hip bump
- 7 – 8 Step L to side, Touch R to side with hip Bump

D.III.REPEAT PART D.I

D.IV.REPEAT PART D.II

Enjoy the dance...

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