

My Juice

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: High Improver

Chorégraphe: Hope Gray (USA) - July 2019

Musique: Juice - Lizzo



INTRO: 40

STEP TOGETHER, SHUFFLE (Xs2)

- 1,2. R Step forward, step L together next to R
- 3&4. R shuffle forward (R Step forward, step L forward behind R, step R forward)
- 5,6. L Step forward, step R together next to L
- 7&8. L shuffle forward (L Step forward, step R forward behind L, step L forward)

STEP TOUCH BACK (Xs2) SHUFFLE BACK, COASTER STEP

- 1,2. R Step back, touch L together
- 3,4. L Step back, touch R together
- 5&6. R shuffle back (R Step back, step L back in front of R, step R back)
- 7&8. L coaster step (Step L back, step R back next to L, step L forward)

PIVOT ½ Xs2, BOOTY ROLL 2Xs R & 2Xs L

- 1,2 R Step forward pivot ½ to L (L stays in place)
- 3&4 R Step forward pivot ½ To L again after return back to starting wall, step R to R (hip width apart)
- 5&6 Booty Roll to R (Xs2)
- 7&8 Booty Roll to L (Xs2)

LINDY, ROCK-RECOVER, SIDE SHUFFLE ¾ TURN

- 1&2 Lindy to R (side shuffle To R)
- 3,4 L rock back (take weight) Recover R (return weight back onto)
- 5&6 Side shuffle L (to L side)
- 7&8 Rock back onto R take weight and make ¾ turn to R to next wall, Switch weight to L

REPEAT
