Salsa California

Niveau: Improver

Chorégraphe: Lia Jo (INA) & Ida Tari (INA) - April 2020 Musique: Hotel California - Salsa Clave

Start dance on vocal

Session 1: Cross step forward - Basic salsa step backward

- 1-2-3-4 Cross LF over RF, step RF back, step LF back, hold
- 5-6-7-8 Step RF back, recover on LF, step RF close beside LF, hold

Session 2: Cross step forward - Basic salsa step backward

- 1-2-3-4 Cross LF over RF, step RF back, step LF back, hold
- 5-6-7-8 Step RF back, recover on LF, step RF close beside LF, hold

Session 3: Diagonal to the right - Cross step rocking chair - Cross Shuffle - Kick

1-2-3-4 Turn 1/8 right rock LF forward (01.30), recover on RF, rock LF back, recover on RF
5-6-7-8 Turn 1/8 left cross LF over RF (12.00), step RF slightly to side, cross LF over RF, touch RF to side

Session 4: Basic salsa step cross backward

- 1-2-3-4 Cross rock RF behind, recover on LF, step RF to side, hold
- 5-6-7-8 Cross rock LF behind, recover on RF, step LF to side, hold

Session 5: Diagonal to the left - Cross step rocking chair - Cross Shuffle - Kick

- 1-2-3-4 Turn 1/8 left rock RF forward (10.30), recover on LF, rock RF back, recover on LF
- 5-6-7-8 Turn 1/8 right cross RF over LF (12.00), step LF slightly to side, cross RF over LF, touch LF to side

Session 6: Basic salsa step cross backward

- 1-2-3-4 Cross rock LF behind, recover on RF, step LF to side, hold
- 5-6-7-8 Cross rock RF behind, recover on LF, step RF to side, hold

Session 7: Basic salsa step backward - Turn ¼ to the right - Basic salsa side

- 1-2-3-4 Step LF back, recover on RF, turn ¼ to right step LF side (3.00), hold
- 5-6-7-8 Sway hip to right weight to RF, recover on LF, close RF beside LF, hold

Session 8: Basic salsa step backward - Cross body lead

1-2-3-4 Step LF backward, recover on RF, Step LF forward, hold

5-6-7-8 Step RF forward, turn ¹/₂ to right step LF backward (9.00), step RF forward, hold

TAG : After wall (2,3,5)

1-2-3-4 Sway Left (1,2), sway Right (3,4)

We hope you'll be enjoy the dance...

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Last Update - 23 April 2020





Compte: 64

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