# The Tide is High

Compte: 32

Niveau: Newcomer / Beginner

Chorégraphe: Yvonne Sevre (NOR) - December 2019

Musique: The Tide Is High - Blondie : (Remastered)

## Intro: 40 counts - Tags: (after wall 3, 5 and 8)

## Section 1(1-8): Side together, chasse right, forward rock, chasse left

- 1 2 Step RF to right step LF next to RF
- 3 & 4 Step RF to right step LF next to RF step RF to right
- 5 6 Rock forward with LF recover on RF
- 7 & 8 Step LF to left step RF next to LF step LF to left

## Section 2(9-16): Rock forward right, coaster, rock forward left, sailor ¼ turn left

- 1 2 Rock forward with RF recover on LF
- 3 & 4 Step RF back step LF next to RF step RF forward
- 5 6 Rock forward with LF recover on RF
- 7 & 8 Cross LF behind RF turn 1/4 left when step RF to right step LF to left

## Section 3(17-24): Vine right, vine left

- 1 4 Step RF right cross LF behind RF step RF right touch LF next to RF
- 5 8 Step LF left cross RF behind LF step LF left touch RF next to LF

Optional;

Turn ¼ left when stepping forward on LF (5) - keep turning ½ left while step back on RF (6) - turn ¼ left while step LF to left (7) - touch RF next to LF(8)

## Section 4(25-32): Right K-step

- 1 2 Step RF forward diagonally to right touch LF next to RF
- 3 4 Step LF backwards diagonally to left touch RF next to LF
- 5 8 Step RF backwards diagonally to right step LF next to RF
- 7 8 Step LF forward diagonally left touch RF next to LF

## Tag 1(After wall 3, 5 and 8)

- 1 2 Step out to right with RF and sway to right Sway to left
- 3 4 Sway to right Sway to left and drag RF next to LF

## Tag 2(before tag 1 in wall 8)

- 1 2 Step out to right with RF and sway to right hold
- 3 4 Sway to left hold
- 5 8 Sway to right Sway to left Sway to right Sway to left

NOTE! After wall 8 it will be tag 2, so tag 1, and then start from the top

Smile, enjoy and take care everybody

And I want to thanks my husband Tomas for the music  $\square$ 

Contact: yvonne.sevre@gmail.com Last Update - 28 August 2021-R2a





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