## The Four Seas

Niveau: High Beginner

Compte: 64 Chorégraphe: Kenny Teh (MY) - May 2020 Musique: Cai Wei (采薇) - Zhang Qu (张渠)

## Start dance after 16 counts from first beat:

- 1234 Skate forward Rf, skate forward Lf, skate forward Rf, hold
- 5678 Step Lf forward, pivot 1/2 turn right onto Rf, 1/2 turn right on Lf, sweep Rf front to back
- 1234 Cross Rf behind Lf, step Lf to left, cross Rf over Lf, hold
- 5678 Recover Lf, step Rf to right, cross Lf over Rf, hold
- 1234 Touch R toe beside, touch R toe to right, touch R toe beside, kick Rf diagonally right 5678 Sweep Rf behind making a <sup>3</sup>/<sub>4</sub> turn right stepping RLR, hold (9.00)
- 1234 Sway/Rock LRLR
- 5678 Sweep Lf behind making a 1/2 turn left stepping LRL, hold (3.00)

## Restart here on Wall 1 and 3

1234 Cross Rf over Lf, step Lf to left, cross Rf over Lf, on ball of Rf make <sup>1</sup>/<sub>2</sub> turn left (9.00) 5678 Cross Lf over Rf, step Rf to right, cross Lf over Rf, on ball of Lf make <sup>1</sup>/<sub>2</sub> turn right (3.00) 1 - 8 Making a full turn right walking RLR, hold LRL, hold 1234 Step Rf forward make a 1/4 turn right while rotating shoulders RLRL (6.00) 5678 Cross Lf over Rf, step Rf to right, cross Lf over Rf, hold 1234 Make a full right turn stepping RLR, hold Step Lf beside Rf, step Rf beside Lf, big step Lf to left, hold 5678

## End of 5th Wall Tag - 4 count

1234 Bend Lf turning body to diagonally left keeping R toe to right, pose and hold





**Mur:** 4