Forever Flows (细水长流)



Compte: 32 Mur: 1 Niveau: Beginner

Chorégraphe: Katherine Lee (SG) - May 2020

Musique: Xi Shui Chang Liu (細水長流) (feat. Liu Tui Zheng [劉瑞政] & Wang Bang Ji [王邦

吉]) - Liang Wern-Fook (梁文福)



* For our stay home friends with space constraint at home.*

No Tag No Restarts ☐ 1 or 4 wall dances.

Starts with our Right Foot.

S1: Side rock, behind, side, cross

123&4 RF side rock, LF recover, RF cross behind LF, LF side, RF cross 567&8 LF side rock, RF recover, LF cross behind RF, RF side, LF cross

S2: Rock forward, ½ Right turn shuffle, Rock forward, ½ Left turn shuffle

123&4 RF rock forward, LF recover, RF side ¼ R-turn(3:00), LF close, RF forward ¼ R-turn(6:00)

567&8 LF rock forward, RF recover, LF side ¼ L-turn(3:00), RF close, LF forward ¼ L-turn(12:00)

S3: Rumba box, walk back, coaster step

1&23&4 RF side, LF together, RF forward, LF side, RF together, LF back, 567&8 Walk back (R, L), RF step back, LF close, RF step forward.

S4: Cross, point, Cross, point, Jazzbox with touch.

LF cross, RF point to the side, RF cross, LF point to the side,

LF cross, RF back, LF side, RF touch next to LF.

Option for 4 wall dance: on count 5678, make 1/4 Left turn Jazzbox with touch.

Keep Active! Keep Dancing! HappyfitLDG2020@hotmail.com

Last Update - 22 July 2020