Keep Me Up

Niveau: High Beginner

Chorégraphe: Katja Koester - June 2020 Musique: Keep Me Up - Michael Schulte

Cross shuffle, Cuban Breaks R

Compte: 32

1&2 R heel cross over left, L side, R in place
3&4 L heel cross over, R side, L in place
5&6&7&8 R forward cross, L in Place, R side, L in place, R forward cross, L in place, R step side

L cross, R side, Hip Bump, Spot Turn

- 1 2 L cross, R side
- 3 4 Hip Bump
- 5 8 Spot turn, Chasse to L

Weave with Slide, Rock, Ronde Chasse

1&2&3 R Cross over , L Side, R cross behind, L side, R cross over

- 4 L slide
- 5-6 R Rock forward
- 7&8 F Ronde Chasse

Weave with Slide, Cross, Back, Chasse

1&2&3 L cross over, R side, L cross behind, R side, L cross over
4 R slide
5-6 L cross, R back (1/4 turn to left)
7&8 L Chasse





Mur: 4