Talking About Us

Compte: 48

Niveau: Improver

Chorégraphe: Ann-Jeanett Ramsvatn (DK) - July 2020 Musique: Talking About Us - Lisa Børud

Intro: 16 counts	
Section 1: R Do	brothy, L Dorothy, Rock Fwd R, Recover, Shuffle Back
1-2&	Long step diagonally fwd R, lock L behind R, small step fwd R
3-4&	Long step diagonally fwd L, lock R behind L, small step fwd L
5-6	Rock fwd R, recover weight on L
7&8	Step back on R, Step L next to R, Step back on R
Section 2: Back	Rock, Shuffle Fwd, Step ¼ Turn, Cross Shuffle
1-2	Rock back on L, Recover weight on R
3&4	Step fwd on L, Step R next to L, Step fwd on L
5-6	Step fwd on R, Pivot ¼ turn L, Recover on L
7&8	Cross R over L, Step L to L side, Cross R over L
Section 3: Side	rock, Behind Side Cross, Side rock ¼ Turn, Shuffle fwd
1-2	Rock L to L side, Recover on R
3&4	Step L behind R. Step R to R side. Cross L over R
5-6	Step R to R side, Turn ¼ turn L, Recover on L
7&8	Step fwd on R, Step L next to R, Step fwd on R
Section 4: Skat	e Fwd X 2, Shuffle fwd, Rocking Chair
1-2	Skate L fwd, skate R fwd
3&4	Step fwd on L, Step R next to L, Step fwd on L
5-6	Rock fwd on R, Recover on L
7-8	Rock Back on R, Recover on L
Section 5: R Cr	oss Samba, L Cross Samba, Cross, Back, ¼, Cross & Cross
1&2	Cross R over L, rock L to L side, recover on R
3&4	Cross L over R, rock R to R side, recover on L
5-6 &	Cross R over L, step back on L, ¼ R stepping R to R side
7&8	Cross L over R, step R to R side, cross L over R
Section 6: Side	rock, & side rock, sailor ¼ turn , walk, walk
1-2	Rock R to R side, Recover on L
&3-4	Step R Next to L, Rock L to L Side, Recover on R
5&6	Step L Behind R Turning ¼ Turn L, Step R Next to L, Step Fwd on
7-8	Walk Fwd R-L
START THE DANCE AGAIN	
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Restart: Wall 3 after the first 2 section. Replace Step ¼ turn and Cross shuffle in section 2 with Step ½ turn and walk, walk.

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Restart: wall 6 after Rocking Chair in section 4.

ENDING: In the last wall, after shuffle fwd (section 2), step turn step

Ann-Jeanett Ramsvatn annjeanettramsvatn@gmail.com, Denmark





Mur: 2