

My Escape

Compte: 32

Mur: 2

Niveau: Improver

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Musique: My Escape - Ravenscode



No tag - No restart

[1-8] : Walk Forward, Recover, Step Closed, Step Backward, Sweep, Behind Side Cross, Step Cross, Recover,

- 1,2 R step forward(1), L step forward(2)
- 3,&,4 Recover on R(3), L step next to R(&), R step backward(4)
- 5,6,& With Sweep L step backward(5), R step cross behind L(6), L step left side(&)
- 7,&,8 R step cross over L(7), Recover on L(8), R step right side(&)

[9-16]: Step Diagonal, Flick, Step Back Kick, Walk, Lift Off, Touch, Step Lunge, Full Turn

- 1,2 Making diagonal to 01.30, L step forward while R doing flick(1), Turn 1/2 facing to 07.30 R back while L doing kick(2)
- 3,&,4 Facing 07.30 L step forward(3), R step forward(&), L step forward while lift R off the floor making an arabesque style, weight on L(4)
- 5,6 R cross touch behind L while knees are bent, weight on L(5), Squaring 1/8,facing 06:00 R step side as right leg is bent and head is turned to the right, weight on R(6)
- 7,&,8 Squaring 1/4, facing to 03:00 L step forward(7), Making 1/2 turn left facing to 09:00,R step back(&), Making 1/2 turn left facing to 03:00,L step forward

[17-24]: Sway, Hitch, Step Turn, Touch, Sailor Step

- 1,2 R step right side(1), Sway to the left, weight on L(2)
- 3,&,4 Sway to the right, weight on R(3), Sway to the left, weight on L(&), R step in place L hitch, weight on R
- 5,6 Making half turn facing to 09:00 L step side, R touch closed to L(5), Making half turn facing to 03:00 R step side, L touch closed to R(6)
- 7,&,8 With sweep L step behind R(7), Making 1/4 turn left facing to 12:00 R step next to L(&), L step in place

[25-32]: Cross Step, Recover, Step Forward, Step Back Turn, Full Turn

- 1,&,2 R step cross over L(1), Recover on L(&), R step right side(2)
- 3,&,4 L step cross over R(3), Recover on R(&), L step left side(4)
- 5,&,6 R rock forward(5), Making 1/4 turn facing to 03.00 L step backward(&), Making 1/4 turn facing to 06.00,R step forward(6)
- 7,&,8 L step forward(7), Making 1/2 turn facing to 12:00 R step backward(&), Making 1/2 turn facing to 06:00 L step forward