## Pick up your Phone

Compte: 32
Mur: 4
Niveau: Improver
Chorégraphe: Niels Poulsen (DK) - August 2020
Musique: 634-5789 - The Elgins : (Album: The Motown Anthology - iTunes etc - 2:24)


Intro: 16 counts from beginning of track. App. 8 secs. into track. Start with weight on L foot Restart On wall 6 (starts facing 3:00), after 16 counts, now facing 12:00.
[1-8] R kick ball step, R rock fwd, shuffle $1 / 2$ R X 2
1\&2 Kick R fwd (1), step R down (\&), step L fwd (2) 12:00
3-4 Rock R fwd (3), recover back on L (4) 12:00
5\&6 Turn $1 / 4 R$ stepping $R$ to $R$ side (5), step $L$ next to $R(\&)$, turn $1 / 4 R$ stepping $R$ fwd (6) 6:00
$7 \& 8 \quad$ Turn $1 / 4 R$ stepping $L$ to $L$ side (7), step $R$ next to $L$ ( \&), turn $1 / 4 R$ stepping $L$ backwards (8) 12:00
[ 9 - 16] $R$ back rock, step $1 / 4 L, R$ jazz box, step together
1-2 Rock back on $R$ (1), recover fwd onto $L$ (2) 12:00
3-4 Step R fwd (3), turn $1 / 4$ L onto $L$ (4) 9:00
5-8 Cross $R$ over $L$ (5), step back on $L$ (6), step $R$ to $R$ side (7), step $L$ next to $R(8) \ldots$ * restart here on wall 6 , facing 12:00 9:00
[17-24] Twist heels-toes-heels to $R$ side, clap, twist heels-toes-heels to $L$ side, clap

| 1-4 | Twist both heels to $R$ side (1), twist both toes to $R$ side (2), twist both heels to $R$ side (3), clap <br> (4) 9:00 <br> $5-8$Twist both heels to $L$ side (5), twist both toes to $L$ side (6), twist both heels to $L$ side (7), clap <br> (8) 9:00 |
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[25-32] Backwards charleston step, cross, bounce $1 / 2 \mathrm{~L}$
1-2 Step back on $R$ opening body up to 10:30 (1), point $L$ back (2) 10:30
3-4 Step fwd on L (3), kick R fwd (4) 10:30
$5 \quad$ Cross $R$ slightly over $L$ squaring up to 9:00 (5) 9:00
\&6\&7\&8 Raise heels up (\&), bounce heels down (6), raise heels up (\&), bounce heels down (7), raise heels up (\&), bounce heels down (8) - Note: during these counts you gradually turn $1 / 2 \mathrm{~L}$ making sure you end with the weight on $L$ on count 8 3:00

## Start Again!

Change + Ending
After wall 8 (which ends facing 6:00) The Elgins finish off their song by repeating the chorus twice. Therefore, rather than starting wall 9 from the top (facing 6:00) you finish your dance by doing counts 17-32 twice. However, the second time you repeat counts 17-32 you change the bounce $1 / 2$ turn to a bounce full turn to finish at 12:00 (you will end with $R$ hooked over L ).

Note: To make the transition from count 32 to count 17 easier: finish off the bounces during wall 8 and 9 stepping R to R side on count 32-12:00

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