Manis Jelita



Compte: 64 Mur: 2 Niveau: Intermediate

Chorégraphe: Adeline Cheng (MY), Jennifer Choo Sue Chin (MY), Soo Wong (MY) & Wendee

Chen (MY) - September 2020

Musique: Kau Manis Jelita - Sharizan Borhan



Intro: 4x8's: Start on the syllable "li" in je-li-ta.

Set 1: 2 SWAYS FWD, FWD LOCK STEPS, FWD ROCK RECOVER, BACK LOCK STEPS

Sway hips to L, Sway hips to R, Step LF fwd 12:00
Step RF fwd, Lock LF behind RF, Step RF fwd 12:00

6-7 Rock LF fwd, Recover on RF 12:00

8&1 Step LF back, Lock RF in front of LF, Step LF back 12:00

Set 2: BACK ROCK RECOVER, R CHASSE, CROSS ROCK RECOVER, L CHASSE TO 1/4L

2-3 Rock RF back, Recover on LF 12:00

4&5 Step RF to R, Close LF next to RF, Step RF to R 12:00

6-7 Cross Rock LF over RF, Recover on RF 12:00

8&1 Step LF to L, Close RF next to LF, ¼L stepping LF fwd 9:00

Set 3: POINT FLICK, CROSS SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE 1/4L CROSS

2-3 Point RF to R, Flick RF to R 9:00

4&5 Cross RF over LF, Step LF to L, Cross RF over LF 9:00

6-7 Rock LF to L, Recover on RF 9:00

Step LF behind RF, Step RF to R, 1/4L Cross LF over RF 6:00

Set 4: HOLD, SYNCOPATED TURNING WEAVE, ½ RUMBA BOX, FWD LOCK STEPS

2&3 Hold, ¼L Step ball of RF to R, Step LF behind RF 3:00 4&5 Hold, Step ball of RF to R, Cross LF over RF ** 3:00

6-7 Step RF to R, Close LF next to RF 3:00

Step RF fwd, Lock LF behind RF, Step RF fwd 3:00

Set 5: 1/4R PIVOT FLICK, CROSS SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE 1/4R CROSS

2-3 Step LF fwd, ¼R pivot shifting weight on RF and flick LF to L 6:00

4&5 Cross LF over RF, step RF to R, Cross LF over RF 6:00

6-7 Rock RF to R, Recover on LF 6:00

Step RF behind LF, Step LF to L, 1/4R Cross RF over LF 9:00

Set 6: HOLD, SYNCOPATED TURNING WEAVE, ½ RUMBA BOX, FWD LOCK STEPS

2&3 Hold, ¼R Step ball of LF to L, Step RF behind LF 12:00 4&5 Hold, Step ball of LF to L, Cross RF over LF 12:00

6-7 Step LF to L, Close RF next to LF 12:00

8&1 Step LF fwd, Lock RF behind LF, Step LF fwd 12:00

Set 7: ROCK RECOVER, R COASTER, PIVOT 1/2r, KICK BALL TOUCH

2-3 Rock RF fwd, Recover on LF 12:00

Step RF back, Step LF next to RF, Step RF fwd 12:00
Step LF fwd, ½R pivot shifting weight on RF 6:00
Kick LF fwd, Step back on LF, Touch ball of RF fwd 6:00

Set 8: HOLD, TWIST R HEEL 2X, SHIMMY SHOULDER

2&3&4 Hold, Twist out R heel, recover, Twist out R heel, recover 6:00

5&6 Hold, Shimmy shoulders and shift weight to RF 6:00

Start Again! Have fun!

**Restart: On wall 3 (start 12:00), dance up to Count 5 of Set 4 (facing 3:00) and add these steps then restart the dance facing 12:00.

6-8 Step RF fwd, 1/4L pivot shifting weight on LF, Cross RF over LF (12:00)

**Optional Ending: On wall 8, dance up to count 4 of set 7. Press RF fwd on count 5 and roll your shoulders or hips. Strike a final pose on the last beat.

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