

Manis Jelita

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Adeline Cheng (MY), Jennifer Choo Sue Chin (MY), Soo Wong (MY) & Wendee Chen (MY) - September 2020

Musique: Kau Manis Jelita - Sharizan Borhan



Intro: 4x8's: Start on the syllable "li" in je-li-ta.

Set 1: 2 SWAYS FWD, FWD LOCK STEPS, FWD ROCK RECOVER, BACK LOCK STEPS

- 1-3 Sway hips to L, Sway hips to R, Step LF fwd 12:00
- 4&5 Step RF fwd, Lock LF behind RF, Step RF fwd 12:00
- 6-7 Rock LF fwd, Recover on RF 12:00
- 8&1 Step LF back, Lock RF in front of LF, Step LF back 12:00

Set 2: BACK ROCK RECOVER, R CHASSE, CROSS ROCK RECOVER, L CHASSE TO ¼L

- 2-3 Rock RF back, Recover on LF 12:00
- 4&5 Step RF to R, Close LF next to RF, Step RF to R 12:00
- 6-7 Cross Rock LF over RF, Recover on RF 12:00
- 8&1 Step LF to L, Close RF next to LF, ¼L stepping LF fwd 9:00

Set 3: POINT FLICK, CROSS SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE ¼L CROSS

- 2-3 Point RF to R, Flick RF to R 9:00
- 4&5 Cross RF over LF, Step LF to L, Cross RF over LF 9:00
- 6-7 Rock LF to L, Recover on RF 9:00
- 8&1 Step LF behind RF, Step RF to R, ¼L Cross LF over RF 6:00

Set 4: HOLD, SYNCOPATED TURNING WEAVE, ½ RUMBA BOX, FWD LOCK STEPS

- 2&3 Hold, ¼L Step ball of RF to R, Step LF behind RF 3:00
- 4&5 Hold, Step ball of RF to R, Cross LF over RF ** 3:00
- 6-7 Step RF to R, Close LF next to RF 3:00
- 8&1 Step RF fwd, Lock LF behind RF, Step RF fwd 3:00

Set 5: ¼R PIVOT FLICK, CROSS SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE ¼R CROSS

- 2-3 Step LF fwd, ¼R pivot shifting weight on RF and flick LF to L 6:00
- 4&5 Cross LF over RF, step RF to R, Cross LF over RF 6:00
- 6-7 Rock RF to R, Recover on LF 6:00
- 8&1 Step RF behind LF, Step LF to L, ¼R Cross RF over LF 9:00

Set 6: HOLD, SYNCOPATED TURNING WEAVE, ½ RUMBA BOX, FWD LOCK STEPS

- 2&3 Hold, ¼R Step ball of LF to L, Step RF behind LF 12:00
- 4&5 Hold, Step ball of LF to L, Cross RF over LF 12:00
- 6-7 Step LF to L, Close RF next to LF 12:00
- 8&1 Step LF fwd, Lock RF behind LF, Step LF fwd 12:00

Set 7: ROCK RECOVER, R COASTER, PIVOT ½r, KICK BALL TOUCH

- 2-3 Rock RF fwd, Recover on LF 12:00
- 4&5 Step RF back, Step LF next to RF, Step RF fwd 12:00
- 6-7 Step LF fwd, ½R pivot shifting weight on RF 6:00
- 8&1 Kick LF fwd, Step back on LF, Touch ball of RF fwd 6:00

Set 8: HOLD, TWIST R HEEL 2X, SHIMMY SHOULDER

- 2&3&4 Hold, Twist out R heel, recover, Twist out R heel, recover 6:00
- 5&6 Hold, Shimmy shoulders and shift weight to RF 6:00

7-8

Shimmy shoulders (weight on RF) 6:00

Start Again! Have fun!

****Restart: On wall 3 (start 12:00), dance up to Count 5 of Set 4 (facing 3:00) and add these steps then restart the dance facing 12:00.**

6-8

Step RF fwd, $\frac{1}{4}$ L pivot shifting weight on LF, Cross RF over LF (12:00)

****Optional Ending: On wall 8, dance up to count 4 of set 7. Press RF fwd on count 5 and roll your shoulders or hips. Strike a final pose on the last beat.**

Contact: adeline.nuline@gmail.com; hotlinerz@gmail.com, soowong88@yahoo.com, wendee88@gmail.com
