Selfies (in Moss)



Compte: 64 Mur: 4 Niveau: High Improver

Chorégraphe: Tom Inge Soenju (NOR) & I.C.E. (ES) - September 2020

Musique: L'esercito del selfie (feat. Lorenzo Fragola & Arisa) - Takagi & Ketra



Intro: 4 counts (approx. 2 secs)

1,2

3&4

5&6

7,8&1

Note: This dance was choreographed for Kicking Boots' 10-year anniversary celebration (in Moss, Norway). Thanks to Rob Fowler for his great tips and help with the dance.

	5		
S1 - Point L Across, Point L Side, ½ Vaudeville, Hold Ball Cross, Side, Behind Side Cross			
1,2	Point L across R, point L to L side		
3&4	Cross L over R, step R to R side, touch L heel to L diagonal 10:30		
5&6	Hold (option: pose & take a 'selfie'), step L next to R, cross R over L 12:00		
7,8&1	Step L to L side, step R behind L, step L next to R, cross R over L		
S2 - Side Rock, Recover, Cross Shuffle, Side, Behind, Point			
2,3	Rock L to L side, recover on R		
4&5	Cross L over R, step R to R side, cross L over R		
6,7,8	Step R to R side, step L behind R, point R to R side 12:00		
S3 - Point R Across. Point R Side. ½ Vaudeville. Hold Ball Cross. Side. Behind Side Cross			

S4 - Side Rock, ¼ L Turn Recover, Shuffle Fwd, Walk x3

Point R across L, point R to R side

2,3	Rock R to R side, make ¼ turn L recovering weight on L 9:00
7.5	ROCK R TO R SIDE MAKE % TURN L RECOVERING WEIGHT ON L 9 UU
2,0	1 took It to It oldo, make 74 tall E 1000 tolling weight on E 0.00

4&5 Step fwd R, step L next to R, step fwd R

6,7,8 Step fwd L, step fwd R, step fwd L (option for counts 6,7: full turn R) 9:00 RESTART: Wall 5: Change S4, Count 8 to 'point L to L side' & restart the dance facing 9:00

Cross R over L, step L to L side, touch R heel to R diagonal 1:30

Step R to R side, step L behind R, step R next to L, cross L over R

Hold (option: pose & take a 'selfie'), step R next to L, cross L over R 12:00

S5 - Charleston Steps, Flick, Back, Coaster Step

1,2	Sweep and touch R fwd (weight on L), sweep and step R back
3,4	Sweep and touch L back (weight on R), sweep and step L fwd
5,6	Flick R behind L (option: pose & take a 'selfie'), step back R
7&8	Step back L, step R next to L, step fwd L 9:00

S6 - Step, Lock, Step, ¼ R Pivot Turn, Cross Shuffle, ¼ L Turn, ¼ L Turn

1&2	Step fwd R, lock L behind R, step fwd R
3,4	Step fwd L, make ¼ R turn (weight on R) 12:00
5&6	Cross L over R, step R to R side, cross L over R
7,8	Make ¼ turn L stepping back R, make ¼ turn L stepping L to L side 6:00

S7 - Cross Shuffle, Side Mambo Cross, Hold Ball Cross, Rock, Recover, Step

	,,,,
1&2	Cross R over L, step L to L side, cross R over L
3&4	Rock L to L side, recover on R, cross L over R
5&6	Hold (option: pose & take a 'selfie'), step R next to L, cross L over R
7,8&	Rock R to R side, recover on L, step R next to L 6:00

S8 - 1/4 Rock, Recover, Ball Step, Rock, Recover, Ball Step, Side, Fwd, Hitch, Point

1,2& Make ¼ R turn rocking L to L side, recover on R, step L next to R 9:00
3,4& Rock R to R side, recover on L, step R next to L
5,6 Step L to L side, step fwd R
7,8 Hitch L towards body, point L to L side 9:00

Start again and enjoy! Happy Dancing!

ENDING: Wall 6: Dance up to and including S8, count 6 (facing 6:00), hitch L making ½ turn R, step fwd L to end facing 12:00

CONTACT: If you would like additional information, please contact me:

Mail: tom@soenju.dance

Facebook (Tom Inge Sønju): www.facebook.com/tom.soenju

Website: www.soenju.dance

Last Update - 23 Feb. 2021