The Good Old Days

Compte: 32	Mur: 4	Niveau: Easy Intermediate

Chorégraphe: Gary Lafferty (UK) - October 2020

Musique: Grandpa (Tell Me 'bout the Good Old Days) - Dave Fenley

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#32-count intro,

STEP FORWARD, HOLD, ROCK FORWARD, RECOVER, STEP BACK, HOLD, STEP BACK, TOGETHER

1-2	Step forward on Right foot, hold
3-4	Rock forward on Left foot, recover weight back onto Right foot
5-6	Step back on Left foot, hold
7-8	Step back on Right foot, step on Left foot beside Right

CROSS, SWEEP, FRONT, SIDE, BEHIND, SWEEP, BEHIND, ¼ TURN

1-2	Cross-step Right foot over Left, sweep Left foot around from back to front
3-4	Cross-step Left over Right, step to Right on Right foot
5-6	Cross-step Left foot behind Right, sweep Right foot around from front to back
7-8	Cross-step Right foot behind Left, turn ¼ Left stepping forward onto Left foot

** RESTART - On wall 5, you will restart the dance from Section 1 facing 9 o'clock wall **

STEP FORWARD, HOLD, ROCK FORWARD, RECOVER, ½ TURN, HOLD, STEP FORWARD, PIVOT ¼ TURN

1-2	Step forward on Right foot, hold
3-4	Rock forward on Left foot, recover weight onto Right foot
5-6	Turn ½ Left stepping forward onto Left foot, hold
7-8	Step forward on Right foot, pivot ¼ turn to Left

CROSS, HOLD, HIP SWAY LEFT-RIGHT-LEFT, HOLD, SAILOR ¼ TURN TO RIGHT

1-2	Cross-step Right foot over Left, hold
3-4	Step to Left on Left swaying hips to Left, sway hips to Right
5-6	Sway hips to Left, hold
7-8	Cross-step Right foot behind Left turning ¼ Right, step to Left on Left foot

The sailor step finishes with count 1 of Section 1

START AGAIN