ACD (aka Ambras Castle Dance)

Niveau: Beginner

Chorégraphe: Roy Verdonk (NL) - October 2020 Musique: Traan op Mijn Kussen - John Medley

Section 1: Weave R, Chasse R, Back Rock

Compte: 32

- 1-2 RF step side, LF cross behind
- 3-4 RF step side, LF cross over RF
- 5&6 RF step side, LF close, RF step side
- 7-8 LF rock back, recover on RF

Section 2: Side-behind 1/4 Left, Triple Step fwd, Rocking Chair

- 1-2 LF step side, RF cross behind
- 3&4 ¹/₄ over Left, LF step forward, RF close, LF step forward (9:00)
- 5-6 LF rock forward, recover on RF
- 7-8 RF rock back, recover on LF
- **Restart in Wall 4**

Section 3: ¼ Pivot, Cross Shuffle, Rock side, Behind Side Cross

- 1-2 RF step forward, make 1/4 turn L (weight on LF) (6:00)
- 3&4 RF cross over LF, LF step side, RF cross over LF
- 5-6 LF step side, recover on RF
- 7&8 LF cross behind RF, RF step side, LF cross over RF

Section 4: 1/8 Paddle Turn 2x, Jazz box Cross

- 1-2 RF touch forward, 1/8 turn L (weight on LF) (1:30)
- 3-4 RF touch forward, 1/8 turn L (weight on LF) (3:00)
- RF cross over LF, LF step back 5-6
- 7-8 RF step side, Cross LF over RF

Restart in Wall 4 after 16 counts facing 6:00

www.royverdonkdancers.com

Last Update - 14 Nov 2020





Mur: 4