My Girl Josephine

Compte: 48

Niveau: Low Intermediate

Chorégraphe: Darren Bailey (UK) & Roy Verdonk (NL) - October 2020

Mur: 4

Musique: My Girl Josephine - Jump4Joy

Start: Quick start (3 seconds) - Hello Jos-e - then Start on "phine"	
Section 1: Walk, Walk, &Side Rock Cross, ¼ Paddle Turn 2x with Hip Roll	
1-2	RF step forward, LF step forward
&3-4	RF step side (&), Recover on LF (3), RF cross over LF
5-6	LF touch forward, ½ turn R and roll your hip (weight on RF) [1:30]
7-8	LF touch forward, ½ turn R and roll your hip (weight on RF) [3:00]
Section 2: Toe Strut 2x, ¼ L Jazz Box with Cross	
1-2	LF Touch forward, drop Heel
3-4	RF Touch forward, drop Heel
5-6	LF Cross over RF, ¼ turn L step RF back [12:00]
7-8	LF step side, RF cross over LF
Section 3: Side-hold, Ball Side, Touch, Side-hold, Ball Side, Close	
1-2	LF step side, hold
&3-4	RF step close to LF, LF step side, RF Touch
5-6	RF step side, hold
&7-8	LF step close to RF, RF step side, LF close (weight on LF)
Section 4: ¼ R Heel grind, Back Rock, ¼ R Heel grind, Back Rock	
1-2	RF Heel touch forward, grind ¼ right (weight on LF) [3:00]
3-4	RF rock back, recover on LF
5-6	RF Heel touch forward, grind ¼ right (weight on LF) [6:00]
7-8	RF rock back, recover on LF
Section 5: Step fwd., Point, Step fwd., Point, ¼ R Syncopated Jazz Box with Cross	
1-2	RF step forward slightly crossed over LF, LF point side
3-4	LF step forward slightly crossed over RF, RF point side
5-6	RF Cross over LF, hold
&7-8	¼ R LF back (&), RF step side, LF cross over RF [9:00]
Section 6: Syncopated Sailor Steps 2x diagonally fwd., Out, Hip Rolls	
1-2	RF step diagonally forward, LF cross behind
&3&4	RF step side (&), LF step diagonally forward (3), RF cross behind (&), LF step diagonally fwd. (4)
&5-6	RF step diagonally forward (&), LF step side (5), Roll Left Hip out
7-8	Hip-Roll counter clockwise



COPPER KNO