Compte: 72
Mur: 2
Niveau: Phrased High Intermediate
Chorégraphe: Adam Åstmar (SWE) \& Malene Jakobsen (DK) - December 2020
Musique: Secrets - Regard \& RAYE : (Clean Version)

## Sequence: A - A - B - A - A - A - B - A - B

Intro: 32 counts, approx. 16 seconds, starting on the first heavy beat.
Sect - A1: Ball. Point. Cross. Quick Side Rock. Cross. $1 / 4$ L. Side. Point. $1 / 4$ R.

| $\& 1-2$ | (\&) Ball step back on LF. (1) Point to the right with RF. (2) Cross RF over LF. |
| :--- | :--- |
| $\& 3-4$ | (\&) Rock to the left on LF. (3) Recover on RF. (4) Cross LF over RF. |
| $5-6$ | (5) Turn $1 / 4$ to the left, stepping back on RF. (6) Step to the left on LF. |
| $7-8$ | (7) Point to the right with RF. (8) Turn $1 / 4$ to the right, placing weight on RF. |

Sect - A2: $7 / 8$ Turn R with Low Kick. Ball. Rock Forward. Back with $1 / 8$ Sweep/Hold. Behind. $1 / 4 \mathrm{~L}$ with Hitch/Hold.

| $1-2 \&$ | (1) Step forward on LF, starting to turn $7 / 8$ on LF to the right, lifting $R$ foot slightly off the <br> ground and pointing out. (2) Finish turning $7 / 8$, now facing the diagonal. (\&) Ball step forward <br> on RF. |
| :--- | :--- |
| $3-4$ | (3) Rock forward on LF. (4) Recover on RF. |
| $5 \&$ \& 6 | (5) Step back on LF, starting to sweep RF from back to front. (6) Turn $1 / 8$ to the right, <br> finishing sweep with RF. (\&) Step RF behind LF. <br> (7) Turn $1 / 4$ to the left, stepping forward on LF, hitching $R$ knee. (8) Hold, continue to hitch $R$ |
| knee. |  |

Sect - A3: Ball. Rock Forward. Shuffle $1 / 2$ Turn. $1 / 2$ L. $1 / 4$ L with Sweep/Hold. Cross. Back. Side.
\& 1-2 (\&) Ball step forward on RF. (1) Rock forward on LF. (2) Recover on RF.
3 \& $4 \quad$ Make a shuffle $1 / 2$ turn, stepping (3) LF, (\&) RF, (4) LF.
5-6 (5) Turn $1 / 2$ to the left, stepping back on RF. (6) Turn $1 / 4$ to the left, stepping to the left on LF and start to sweep RF from the side to the front.
7-8\&1 (7) Finish sweeping RF. (8) Cross RF over LF. (\&) Step slightly back on LF. (1) Step to the right on RF.

Sect - A4: Hold. Ball-Side. Hold. Ball-Side. Touch. Walk Back L, R.

| $2 \& 3$ | (2) Hold. (\&) Ball step LF next to RF. (3) Step to the right on RF. |
| :--- | :--- |
| 4 \& | (4) Hold. (\&) Ball step LF next to RF. |
| $5-6$ | (5) Step to the right on RF. (6) Touch LF next to RF. |
| $7-8$ | (7) Step back on LF. (8) Step back on RF. |

Styling: If you want, you can fan your toes out when walking back on count 7, 8 .
Sect - B1: Back-Touch. Hold. Back-Touch. Hold. Ball. Point-And-Point. Ball. Step $1 / 2$ Turn.
\& 1-2 (\&) Step slightly back on LF. (1) Touch RF in front of LF. (2) Hold.
\& 3-4
(\&) Step slightly back on RF.
(3) Touch LF in front of RF.
(4) Hold.
\& 5 \& 6 (\&) Ball step LF next to RF. (5) Point to the right with RF. (\&) Close RF next to LF. (6) Point to the left with LF.
\& 7-8
(\&) Close LF next to RF.
(7) Step forward on RF.
(8) Turn $1 / 2$ to the left, placing weight on LF.

Sect - B2: Shuffle Forward. Step with Sweep/Hold. Jazz Box Travelling Back with Cross.
1 \& $2 \quad$ Make a shuffle forward, stepping (1) RF, (\&) LF, (2) RF.
3-4 (3) Step forward on LF and start to sweep RF from back to front. (4) Finish sweeping RF.
5-6 (5) Cross RF over LF. (6) Step back on LF.
7-8 (7) Step diagonally back on RF. (8) Cross LF over RF.

Sect - B3: Back-Touch. Hold. Back-Touch. Hold. Ball. Point-And-Point. Ball. Step $1 / 2$ Turn.
\& 1-2 (\&) Step slightly back on RF. (1) Touch LF in front of RF. (2) Hold.
\& 3-4 (\&) Step slightly back on LF. (3) Touch RF in front of LF. (4) Hold.
\& 5 \& 6 (\&) Ball step RF next to LF. (5) Point to the left with LF. (\&) Close LF next to RF. (6) Point to the right with RF.
\& 7-8 (\&) Close RF next to LF. (7) Step forward on LF. (8) Turn $1 / 2$ to the right, placing weight on RF.

Sect - B4: Shuffle Forward. Step with Sweep/Hold. Jazz Box Travelling Back.
1 \& $2 \quad$ Make a shuffle forward, stepping (1) LF, (\&) RF, (2) LF.
3-4 (3) Step forward on RF and start to sweep LF from back to front. (4) Finish sweeping LF.
5-6 (5) Cross LF over RF. (6) Step back on RF.
7-8 (7) Step diagonally back on LF. (8) Cross RF over LF.

## Sect - B5: Side with Drag/Hold. Ball. Cross. Side. Reversed Rocking Chair.

1-2 \& (1) Take a big step to the left on LF and start dragging RF towards LF. (2) Finish dragging RF. (\&) Ball step RF next to LF.
3-4 (3) Cross LF over RF. (4) Step to the right on RF.
5-6
(5) Rock back on LF. (6) Recover on RF.

7-8
(7) Rock forward on LF. (8) Recover on RF.

Have fun!

