As I Lay Me Down

Compte: 32

Niveau: High Beginner

Chorégraphe: Micaela Svensson Erlandsson (SWE) - December 2020

Musique: As I Lay Me Down - Wiktoria

| Intro - 4 counts | |
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| Section 1: Side Rock. Cross Shuffle. Side Rock. Cross Shuffle. | |
| 1-2 | Rock right to right side. Recover onto left. |
| 3&4 | Cross right over left. Step left to left side. Cross right over left. |
| 5-6 | Rock left to left side. Recover onto right. |
| 7&8 | Cross left over right. Step right to right side. Cross left over right. |
| Section 2: Side Rock. Behind. Side. Cross. Side Rock. Behind. ¼ turn right. | |
| 1-2 | Rock right to right side. Recover onto left. |
| 3&4 | Cross right behind left. Step left to left side. Cross right over left. |
| 5-6 | Rock left to left side. Recover onto right. |
| 7&8 | Cross left behind right. Turn 1/4 right stepping forward on right. Step forward on left. |
| Restarts here: Wall 4 (Facing 12 O'clock) Wall 6 (Facing 6 o'clock) 10(Facing 6 O'clock) | |
| Section 3: Rock Step. Coaster Step. Step ½ Turn right. Forward Shuffle. | |
| 1-2 | Rock forward on right. Recover onto left. |
| 3&4 | Step back on right. Step left beside right. Step forward on right. |
| 5-6 | Step forward on left. Turn ½ right. |
| 7&8 | Step forward on left. Close right beside left. Step forward on left. |
| Section 4: Rock Step. Coaster Step. Step ½ Turn right. Forward Shuffle. | |
| 1-2 | Rock forward on right. Recover onto left. |
| 3&4 | Step back on right. Step left beside right. Step forward on right. |
| 5-6 | Step forward on left. Turn ½ right. |
| | |

Step forward on left. Close right beside left. Step forward on left. 7&8

***3 Restarts , all after 16 counts

- * 1st during wall 4 facing 12 o'clock
- ** 2nd, during wall 6 (facing 6 O'clock)
- *** 3rd during wall 10 (facing 6 O'clock)





Mur: 4