

# Volara

Compte: 192

Mur: 1

Niveau: Phrased Intermediate

Chorégraphe: Angéline Fourmage (FR) - 1 January 2021

Musique: Volara - Bernardo Lafonte



Start : 5s. (at Drum)

Intro-A-B-C-D - A-B-C-D-E - C-F-A - B-C-D - C-F

Intro : 32 counts

[1-8] R Step Side (with arms up), together

1-7 RF to the R side with arms up (right side)

8 RF next to LF Put your arms down

[9-16] R Step Side (with arms up), together

1-7 LF to the L side with arms up (left side)

8 LF next to RF Put your arms down

[17-24] Step Back, Hold, Step Back, Hold, Step Back, Hold, Step Back, Hold (\*Option : with arms up)

1-2 RF Back, Hold

3-4 LF Back, Hold

5-6 RF Back, Hold

7-8 LF Back, Hold

[25-32] Step FW, Hold, Step FW, Hold, Step FW, Hold, Step FW, Hold (\*Option : with arms up)

1-2 RF FW, Hold

3-4 LF FW, Hold

5-6 RF FW, Hold

7-8 LF FW, Hold

Part A : 32 counts

[1-8] V-Step ¼ R (\*Option : with arms up)

1-2 RF FW to R side, Hold

3-4 LF FW to R side, Hold

5-6 Make ¼ R with RF Back, Hold

7-8 LF next to RF, Hold

[9-16] V-Step ¼ R (\*Option : with arms up)

1-2 RF FW to R side, Hold

3-4 LF FW to R side, Hold

5-6 Make ¼ R with RF Back, Hold

7-8 LF next to RF, Hold

[17-24] V-Step ¼ R (\*Option : with arms up)

1-2 RF FW to R side, Hold

3-4 LF FW to R side, Hold

5-6 Make ¼ R with RF Back, Hold

7-8 LF next to RF, Hold

[25-32] V-Step ¼ R (\*Option : with arms up)

1-2 RF FW to R side, Hold

3-4 LF FW to R side, Hold

5-6 Make ¼ R with RF Back, Hold

7-8 LF next to RF, Hold

**Part B : 32 counts****[1-8] Chassé R, Chassé L, Chassé R, Chassé L (\* Option : with arms up),**

- 1&2 RF to R side, LF next to RF, RF to R side
- 3&4 LF to L side, RF next to LF, LF to L side
- 5&6 RF to R side, LF next to RF, RF to R side
- 7&8 LF to L side, RF next to LF, LF to L side

**[9-16] Rock-Step, Side, Hold, Rock-Step, Side, Point, Hold (\*Option : Arms)**

- 1-2 Cross RF over LF, Recover to LF
- 3-4 RF to the R side, Hold
- 5-6 Cross LF over RF, Recover to RF
- 7-8 Point LF to the L side, Hold

**[17-24] Chassé L, Chassé R, Chassé L, Chassé R (\* Option : with arms up)**

- 1&2 LF to L side, RF next to LF, LF to L side
- 3&4 RF to R side, LF next to RF, RF to R side
- 5&6 LF to L side, RF next to LF, LF to L side
- 7&8 RF to R side, LF next to RF, RF to R side

**[25-32] Rock-Step, Side, Hold, Rock-Step, Side, Point, Hold (\*Option : Arms)**

- 1-2 Cross LF over RF, Recover to RF
- 3-4 LF to the L side, Hold
- 5-6 Cross RF over LF, Recover to LF
- 7-8 Point RF to the R side, Hold

**Part C : 32 counts****[1-8] Weave, Touch, Diagonal, together**

- 1-2 RF to R side, Cross LF over RF
- 3-4 RF to R side, Cross LF behind RF
- 5-6 RF to R side, Touch LF next to RF
- 7-8 LF FW on L diagonal, RF next to LF

**[9-16] Weave, Touch, Diagonal, together**

- 1-2 LF to L side, Cross RF behind LF
- 3-4 LF to L side, Cross RF over LF
- 5-6 LF to L side, Touch RF next to LF
- 7-8 RF FW on R diagonal, LF next to RF

**[17-24] 8 Rolls**

- 1-2 RF to R side, Cross LF behind RF
- 3-4 Make ¼ R with RF FW, LF FW
- 5-6 Make ½ R, Make ¼ R with LF to L side
- 7-8 Cross RF behind LF, LF to L side

**[25-32] Jazz-Box, Jazz-Box**

- 1-2 Cross RF over LF, LF Back
- 3-4 RF to R side, Cross LF over RF
- 5-6 Cross RF over LF, LF Back
- 7-8 RF to R side, Cross LF over RF

**Part D : 32 counts****[1-8] Triple-Step, Triple-Step, Stomp-Up, Stomp up, Stomp-Up, Together (\* Option : with arms)**

- 1&2 RF FW, LF next to RF, RF FW
- 3&4 LF FW, RF next to LF, LF FW
- 5-6 Stomp-Up to the R side, Stomp up RF next to LF

7-8 Stomp-Up to the R side, RF next to LF

**[9-16] Triple-Step, Triple-Step, Stomp-Up, Stomp up, Stomp-Up, Together (\* Option : with arms up)**

1&2 LF FW, RF next to LF, LF FW

3&4 RF FW, LF next to RF, RF FW

5-6 Stomp-Up to the L side, Stomp up LF next to RF

7-8 Stomp-Up to the L side, LF next to RF

**[17-24] Chassé ¼ R, Triple-Step, Rocking-Chair**

1&2 RF to R side, LF next to RF, Make ¼ R with RF FW

3&4 LF FW, RF next to LF, LF FW

5-6 RF FW, Recover to LF

7-8 RF Back, Recover to LF

**[25-32] Triple-Step, Triple-Step, Pivot 1/8 L, Pivot 1/8 L**

1&2 RF FW, LF next to RF, RF FW

3&4 LF FW, RF next to LF, LF FW

5-6 RF FW, Pivot 1/8 L (weight on LF)

7-8 RF FW, Pivot 1/8 L (weight on LF)

**Part E : 32 counts**

**[1-8] Rock-Step,Together, Hold, Rock-Step,Together, Hold**

1-2 RF FW, Recover to LF

3-4 RF next to LF, Hold

5-6 LF Back, Recover to RF

7-8 LF next to RF, Hold

**[9-16] Rock-Step,Together, Hold, Rock-Step,Together, Hold**

1-2 RF to the R side, Recover to LF

3-4 RF next to LF, Hold

5-6 LF to the L side, Recover to RF

7-8 LF to the L side, Hold

**[17-24] Side, Cross, Side, kick, Side, Cross, Side, Kick**

1-2 RF to the R side, Cross LF over RF

3-4 RF to the R side, Kick LF on L Diagonal

5-6 LF to the L side, Cross RF over LF

7-8 LF to the L side, Kick R on R Diagonal

**[25-32] Side, Hold, Touch, Hold, Side, Hold, Touch, Hold (\*Option Shimmy)**

1-2 RF to the R side, Hold (or Shimmy)

3-4 Touch LF next to RF, Hold

5-6 LF to the L side, Hold (or Shimmy)

7-8 Touch RF next to LF, Hold

**Part F : 32 counts**

**[1-8] Paddle-Turn ½ L, Slap, Clap, Slap, Clap**

1-4 Paddle-Turn ½ L

5-6 Slap your thigh with your 2 hands, Clap

7-8 Slap your thigh with your 2 hands, Clap

**[9-16] Paddle-Turn ½ L, Slap, Clap, Slap, Clap**

1-4 Paddle-Turn ½ L

5-6 Slap your thigh with your 2 hands, Clap

7-8 Slap your thigh with your 2 hands, Clap

**[17-24] Side, Heel, Side, Heel, Rolling-Vine, Touch**

- 1-2 RF to R side, Touch L Heel FW
- 3-4 LF to L side, Touch R Heel FW
- 5-6 Make  $\frac{1}{4}$  R with RF FW, Make  $\frac{1}{2}$  R with LF Back
- 7-8 Make  $\frac{1}{4}$  R with RF to the R Side, Touch LF next to RF

**[25-32] Side, Heel, Side, Heel, Rolling-Vine, Touch**

- 1-2 LF to L side, Touch R Heel FW
- 3-4 RF to R side, Touch L Heel FW
- 5-6 Make  $\frac{1}{4}$  L with LF FW, Make  $\frac{1}{2}$  L with RF Back
- 7-8 Make  $\frac{1}{4}$  L with LF to the L Side, Touch RF next to LF

**Smile and enjoy the dance**

**Contact : [maellynedance@gmail.com](mailto:maellynedance@gmail.com)**

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