My	Me	lody
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Niveau: Intermediate

Compte: 72 Chorégraphe: Claudia Arndt (DE) - January 2021

Musique: The Melody - George Canyon

Start: Dance begins with singing Section 1 - 2x Heel Strut (r,I), Step forward (r), Recover, Toe Strut back		
3-4	Tap LF heel at the front, strain RF completely	
5-6	RF step forward, weight back on left,	
7-8	Tap RF foot tip at the back, lower RF heel	
Section 2 - 2x	Toe Strut back (I,r), Side, Recover, Close,	
1-2	Tap LF foot tip at the back, lower RF heel	
3-4	Tap RF foot tip at the back, lower RF heel	
5-6	LF step to the left, weight back on RF,	
7-8	LF next to RF,	
Section 3 - 2x	¼ Monterey Turn, Rock Forward (r), Recover, Rock back (I), Recover,	
1&2	RF taps to the right with ¼ rotation to the right, RF next to the LF, LF taps to the left, LF next to the RF,	
3&4	RF taps to the right with ¼ rotation to the right, RF next to the LF, LF taps to the left, LF next to the RF,	
5&6	RF step forward, weight back on LF, RF next to the LF,	
7&8	LF step backwards, weight back on RF, LF next to the RF,	
Section 4 - Ru	mba Box, Chasse , ¼ Turn Sailor Step	
1&2	RF Step to the right - LF next to the RF - RF step forward,	
3&4	LF Step to the left - RF next to the left - LF step back,	
5&6	RF step to the right - LF next to the RF - RF step to the right,	
7&8	1/4 Left turn and LF cross behind RF - RF to the right/weight right - LF step before weight left	
Section 5 - Ru	mba Box, Chasse , ¼ Turn Sailor Step	
1&2	RF Step to the right - LF next to the RF - RF step forward,	
3&4	LF Step to the left - RF next to the left - LF step back,	
5&6	RF step to the right - LF next to the RF - RF step to the right,	
7&8	1/4 Left turn and LF cross behind RF - RF to the right/weight right -LF step before weight left	
Tag : In the 2.	wall after 40 counts / Restart at 06:00 o'clock	
	Locking Shuffle, Point forward (r), Point back (r), Point forward (r), Beside	
1&2	RF step forward - LF crosses behind RF, RF step forward,	
3&4	LF step forward - RF crosses behind LF, LF step forward,	
5	RF tip at the front,	
6	RF tip at the back,	
7-8	RF tip at the front, turn RF next to LF,	
	le Rock, Cross (r), Side Rock, Cross (I), Side Rock, Cross (r), Side, Cross, Side, Cross	
1&2	RF step to the right, weight back on LF, RF cross over LF,	
3&4	LF step to the left, weight back on RF, LF cross over RF,	
5&6	RF step to the right, weight back on LF, RF cross over LF,	
&7	LF step to the left, cross RF over LF,	



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&8 LF step to the left, cross RF over LF,

Section 8 - Step Side, Together, Step back, Rumba Box back, Step 3/4 Turn

- 1&2 LF step to the left, RF next to the LF, LF step back,
- 3&4 RF step to the right, LF next to theRF, RF step back,
- 5&6 LF step to the left, RF next to the LF, LF step forward,
- 7&8 RF step forward with ¼ turn to the left, Weight on LF, continue with 1/2 turn left, turn RF next to LF,

Section 9 - Shuffle forward (I), Step 3/4 Turn (I), Step forward (I), Full Turn (I), Beside

- 1&2 LF Step forward RF next to the LF LF step forward,
- 3&4 RF step forward with ¼ turn to the left, Weight on LF,continue with 1/2 turn left, turn RF next to LF,
- 5 LF Step forward,
- 6&7 RF Step forward with full turn left, weight on RF
- 8 LF next to the RF,

Tag 1: In the 2nd wall after 40 counts at 6:00 o'clock Tag 2: At the end of the 4th wall on 6:00 o'clock

Restart: In the 2nd wall after the 1. Tag at 6:00 o'clock

Tag: Rock forward, Recover, Shuffle back, Rock back, Recover, Shuffle forward, Together		
1-2	RF step forward, weight back on LF,	
3&4	RF Step backwards - LF next to RF - RF step backwards,	
5-6	LF step backwards, weight back on RF,	
7&8	LF Step forward - RF next to LF - LF step forward,	
&	RF to LF	

Have fun dancing, and always smiling nicely.

E-Mail: claudia.arndt@web.de