# La Luna



Compte: 0 Mur: 4 Niveau: Phrased Improver

Chorégraphe: Daniela Seidel (DE) - May 2021

Musique: La Luna (Edit Mix) - Seemannstochter



#### Start at the beginning

#### Part A

# Hip Sway / Shuffle / Forward Steps/ Forward Mambo

1 2 3&4 Right hip sway, left hip sway, shuffle to right 5 6 7&8 Left hip sway, Right hip sway, shuffle left

1 2 3&4 RF forward, LF forward, RF forward 1/2 Turn to L, LF forward RF forward

5 6 7&8 LF forward, RF forward, Rock Step L, Recover to R, LF close

## Repeat Part A

#### Part B

## Stationary Samba Walks with 1/4 Turns to L

1&2 Close RF to LF, LF back with Part weight, replace on RF,

3&4 Close LF to RF, RF back with Part weight replace on LF, Turn ¼ to L

5-8 Repeat 1-4

1-8 Repeat 1-8

#### Part C

# Volta Turns and Rock steps with heelgrind

1&2&3&4 Step on RF, LF toe behind (&), Step on RF, LF toe behind (&), Step on RF, LF toe behind

(&), Step on RF, ½ Circle turn over right shoulder during Counts 1-4

5 6 7 8 LF Rock step forward with heel grind, LF Rockstep back

1&2&3&4 Step on LF, RF toe behind (&), Step on LF, RF toe behind (&), Step on LF, RF toe behind (&),

Step on LF, ½ Circle turn over left shoulder during Counts 1-4

5678 RF Rock step forward with heel grind, RF Rockstep back

## Part D

## Slides, Back Rocks, Travelling Corta Jaca,

1 2& RF Slide to right, Rock step back LF, ¼ Turn to L 3 4& LF Slide to left, Rock step back RF, ¼ Turn to L

5-8 Repeat 1-4

1&2&3&4& Travelling Corta Jaca to right with RF, R heel forwart, LF replace and move slightly to right, R

toe back, LF replace and move slightly to right,R heel forwart, LF replace and move slightly to

right, R toe back, LF replace and move slightly to right,

5&6 7&8 RF side, LF Rock step back. LF side, RF Rock step back. (It could be danced as a Samba

whisk with Bounce action)

1-8 Repeat the Slide-Part

1-8 Repeat the Travelling Corta Jaca-Part

#### Part E 1

## Rock steps, Twist Turn

1 2& 3 4& RF forward, LF Forward Rock step, LF Back, RF Back Rock step

5 6 7 8 RF forward, LF cross behind RF, ½ Twist Turn to L (7 8)

Repeat 1-8 1-8 Part A Part A Part B Part D Part E 1 Part E 2 Rock steps, ½ Turn 1 2& 3 4& RF forward, LF Forward Rock step, LF Back, RF Back Rock step 56&78 RF forward, LF forward ½ Turn to R, RF forward/replace, LF forward (7 8) 1-8 Repeat 1-8 **Bridge** Toe Heel Action with Swivel, Hip Sway RF toe in, RF heel out, RF toe in, RF heel out, 1234 5678 RF toe in, RF heel out, RF toe in , RF close on 8, Swivel on LF  $\frac{1}{2}$  Turn to L over 1-8 1234 LF toe in, LF heel out, LF toe in, LF heel out, 5678 LF toe in, LF heel out, LF toe in, LF close on 8, Swivel on RF 1/2 Turn to R over 1-8 1234 Right hip sway, Left hip sway, Right hip sway, Left hip sway, 5678& Right hip sway, Left hip sway, Right hip sway, Left hip sway, RF close, Circle 1/2 Turn to L over 1-8 1234 Left hip sway, Right hip sway, Left hip sway, Right hip sway, 56783 x Point LF, LF close, Turn 1/1 to R over 1-8 Part D Part E 1 Part E 2 Complete dance in order of dancing parts: A-A-B-C-D-E1-A-A-B-D-E1-E2-Bridge-D-E1-E2 Have fun !!