I like Pina Coladas



Compte: 32 Mur: 2 Niveau: Beginner

Chorégraphe: Michelle Wright (USA) - August 2021

Musique: Escape (The Piña Colada Song) - Crystal Rock, Marc Kiss & Warren Attwell



Have as much fun as possible with it! Add those shimmys, shakes, rolls, or whatever you please! No tags or restarts! (You're welcome!)

Section 1: Forward RL, R forward mambo, Back LR, L back mambo

1,2	Step R forward, step L forward
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3&4 Step forward R, Recover on L, step back R

5,6 Step back L, Step back R

7&8 Step L back L, Recover on R, Step L forward

Section 2: Sway RL, R side Shuffle Sway LR L side shuffle

1,2	Step R to R side as	you sway hips to R. sway	hips to L as you put weight on L

3&4 Step R to R side, step L next to R, Step R to R side

5,6 Step L to L side as you sway hips L, Sway hips R weight R

7&8 Step L to L side, Step R next to L, Step L to L side

Section 3: R&L cross mambo, ½ pivot x2 with optional hip rolls

1&2	Cross R over L, Recover on L, Step R to R side
3&4	Cross L over R, Recover on R, step L to L side
5,6	Step R forward , make a ¼ turn L weight on L
7,8	Step R forward, Make a 1/4 turn L weight on L

(5,6,7,8 optional hip rolls: when making ¼ turn move hips from L to R counter clockwise)

Section 4: R Cross, L back, R side slide, L cross, hip bumps RLRL

1,2	Cross R over L, step back L
3,4	Big step R, Cross L over R
5,6	Bump hip R, Bump hip L
7.8	Bump Hip to R Bump hip I

(option for 5,6,7,8: shake your hips as much as you please and shoulder shimmies)

End of dance! Any questions please email Michellelinedance@gmail.com