She Ain't Mine No More (P)

Niveau: Intermediate Partner

Chorégraphe: Guy Dubé (CAN) & Nancy Milot (CAN) - August 2021

Musique: She Ain't Mine No More - Justin Moore

Compte: 64

| | heart position, partners face LOD. |
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| | s. No Tag no Restart. |
| Tags : At the 3t | h repetition after 16 counts and at the 4th repetition after 32 counts, restart the dance. |
| [1-8] M : SIDE. | TOGETHER, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE FWD |
| | TOGETHER, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE FWD |
| 1-2 | M : Step R to right, step L together R |
| | L : Step L to left, step R together L |
| *** On count 1, | without letting go the hands, lady passes in front the man ending at the man's left side. |
| *** You are now | v in Reverse Sweetheart position. |
| 3&4 | M : Shuffle forward with R,L,R |
| | L : Shuffle forward with L,R,L |
| 5-6 | M : Step L to left, step R together L |
| | L : Step R to right, step L together R |
| | without letting go the hands, the lady passes in front the man ending at the man's right side. |
| | v in Sweetheart position (start position). |
| &7-8 | M : Shuffle forward with L,R,L |
| | L : Shuffle forward with R,L,R |
| [9-16] M · ROC | K STEP, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FWD |
| | PIVOT 1/2 TURN R, SHUFFLE FWD, STEP, PIVOT 1/2 TURN L, SHUFFLE FWD |
| 1&2 | M : Rock step R forward, recover on L |
| | L : Step L forward, pivot 1/2 turn to right |
| *** On count 1, | without letting go the hands, the man raise both L hands over the lady's head. |
| | lower the hands in Double Hand Cross position. |
| 3&4 | M : Shuffle back with R,L,R |
| | L : Shuffle forward with L,R,L |
| 5-6 | M : Rock back with L, recover on R |
| | L : Step R forward, pivot 1/2 turn to left |
| *** On count 5, without letting go the hands, the man raise both L hands over the lady's head. | |
| | lower the hands in Sweetheart position. |
| 7&8 | M : Shuffle forward with L,R,L |
| | L : Shuffle forward with R,L,R |
| [17-24] M :CRC | DSS, SLIDE, CROSS, SLIDE, SHUFFLE FWD, SHUFFLE in 1/2 TURN R |
| [17-24] L : STE | P DIAGONALLY, SLIDE, STEP DIAGONALLY, SLIDE, SHUFFLE FWD, SHUFFLE in 1/2 |
| TURN L | |
| 1 | M : Cross step R over L diagonally to left |
| | L : Step L forward diagonally to left |
| 2 | M : Slide ball L together R in swiveling diagonally to right |
| | L : Slide ball R together L in swiveling diagonally to right |
| 3 | M : Cross step L over R diagonally to right |
| | L : Step R forward diagonally to right |
| 4 | M : Slide ball R together L in swiveling face front LOD |
| | L : Slide ball L together R in swiveling face front LOD |
| 5&6 | M : Shuffle forward with R,L,R |
| | L : Shuffle forward with L,R,L |
| 7&8 | M : Shuffle back in 1/2 turn to right with L,R,L (face RLOD) |



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L : Shuffle back in 1/2 turn to left with R,L,R (face RLOD)

*** On count 7, without letting go the hands, the man raise both R hands over the lady's head.

*** You are now in Double Hand Cross position.

[25-32] M : ROCK BACK, RECOVER, SHUFFLE 1/2 TURN L, ROCK BACK, TRIPPLE STEP FWD [25-32] L : ROCK BACK, RECOVER, SHUFFLE 1/2 TURN R, ROCK BACK, TRIPPLE STEP FULL TURN L

- 1-2 M : Rock back with R, recover on L
 - L: Rock back with L, recover on R
- 3&4 M : Shuffle forward in 1/2 turn to left with R,L,R
- L : Shuffle forward in 1/2 turn to right with L,R,L
- 5-6 M : Rock back with L. recover on R
- L : Rock back with R, recover on L
- 7&8 M : Triple step forward with L,R,L (face LOD)
- L : Triple step forward in full turn to left with R,L,R (face OLOD)

*** On count 7, let go both L hands and finish in Sweetheart position.

[33-40] M : ROCK STEP, RECOVER, COASTER STEP, 1/2 TURN R, STEP BACK, SHUFFLE BACK [33-40] L : ROCK STEP, RECOVER, COASTER STEP, 1/2 TURN L, STEP BACK, SHUFFLE BACK

- 1-2 M : Rock step R forward, recover on L
 - L : Rock step L forward, recover on R
- 3&4 H : Step R back, step L together R, step R forward
- L : Step L back, step R together L, step L forward
- 5-6 M : 1/2 turn to right and step L back, step R back
 - L: 1/2 turn to left and step R back, step L back

*** On count 5, raise both R hands over the lady's head, to finish in Double Hand Cross position.

- 7&8 M : Shuffle back with L,R,L
 - L : Shuffle back with R,L,R

[41-48] M : 2X WALK BACK, STEP BACK, 1/4 TURN L, CROSS, ROCK SIDE, RECOVER, SAILOR 1/4 **TURN L**

[41-48] L : 1/2 TURN L, 1/4 TURN L, WEAVE to R, ROCK SIDE, RECOVER, SAILOR 1/4 TURN R 1-2 M : Step R back, step L back

L : 1/2 turn to left and step L forward, 1/4 turn to left and step R to right

*** On count 1, let go both L hands, raise both R hands over the lady's head.

- *** On count 2, take back both L hands to finish in Double Hand Cross position.
- M : Step R back, 1/4 turn to left and step L to left, cross step R over L 3&4
 - L : Cross step L behind R, step R to right, cross step L over R
- 5-6 M : Rock side with L, recover on R
- L : Rock side with R, recover on L

7&8

M : Cross step L behind R, 1/4 turn to left and step R on place, step L forward

L: Cross step R behind L, 1/4 turn to right and step L on place, step R forward

*** On count 7, raise both R hands over the lady's head. You are now in Sweetheart position.

[49-56] M : ROCK STEP, RECOVER, TOGETHER, 2X WALK FWD, CHASSÉ to L, ROCK BACK 1/4 TURN R

- [49-56] L : ROCK STEP, RECOVER, TOGETHER, 2X WALK FWD, CHASSÉ to R, ROCK BACK 1/4 TURN L 1-2
 - M : Rock step R forward, recover on L
 - L : Rock step L forward, recover on R
- &3-4 M : Step R back, walk forward with L,R
 - L : Step L back, walk forward with R,L
- 5&6 M : Chassé to left with L,R,L
- L: Chassé to right with R,L,R

*** On count 5, let go both R hands and keep both L arms in extension.

- 7-8 M: 1/4 turn to right and rock back with R, recover on L
 - L: 1/4 turn to left and rock back with L, recover on R

[57-64] M : SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE 1/4 TURN L, 2X WALK FWD [57-64] L : SHUFFLE FWD, 1/4 TURN R, 1/2 TURN R, SHUFFLE 1/2 TURN R, 2X WALK FWD 1&2 M : Shuffle forward with R,L,R L : Shuffle forward with L,R,L *** On count 1, take back both R hands over both L hands in Double Hand Cross position. M : Step L to left, step R together L 3-4 L : 1/4 turn to right and step R forward, 1/2 turn to right and step L back *** On count 3, let go both L hands and raise both R hands over the lady's head. *** On count 4, keep both R hands over the lady's head. M : Shuffle in 1/4 turn to left with L,R,L 5&6 L : Shuffle in 1/2 turn to right with R,L,R *** On count 5, take back both R hands in Sweetheart position. 7-8 M : Walk forward with R,L L : Walk forward with L,R HAVE FUN ! GUY & NANCY

Last Update - 27 Oct. 2021 - R2