Shake Shake Sugar

Niveau: Beginner

Chorégraphe: Melissa Lau (NZ) - September 2021 Musique: Stuck On You - Cliff Richard

Dance begins on vocals after 16 counts

Compte: 48

VINE-CROSS, RIGHT CHASSE, BACK ROCK-RECOVER

- 1, 2, 3, 4 Step R to side, step L behind R, step R to side, cross L over R (12:00)
- 5&6 Step R to side, step L next to R, step R to side
- Rock L back, recover weight on R 7,8

VINE-CROSS, CHASSE ¼ RIGHT, BACK ROCK-RECOVER

- 1, 2, 3, 4 Step L to side, step R behind L, step L to side, cross R over L
- 5&6 Step L to side, step R next to L, turn 1/4 right stepping back on L (3:00)
- 7,8 Rock R back, recover weight on L

TOE STRUTS, JAZZ BOX 1/4 RIGHT

- 1, 2, 3, 4 Step R toes fwd, drop R heel, step L toes fwd, drop L heel
- Cross R over L, turn 1/8 right stepping back on L, turn 1/8 right stepping R to side, step L 5, 6, 7, 8 slightly fwd (6:00)

TOE STRUTS, MONTEREY ¼ RIGHT

- Step R toes fwd, drop R heel, step L toes fwd, drop L heel 1, 2, 3, 4
- 5, 6, 7, 8 Point R to side, ¼ turn right stepping R next to L taking the weight onto R, point L to side, step L next to R (9:00)

OUT-OUT, HEEL BOUNCES, IN-IN, HEEL BOUNCES

- 1, 2, 3, 4 Step R out into right diagonal, step L out into left diagonal, raise both heels and drop to ground 2x
- 5, 6, 7, 8 Step R back, step L together, raise both heels and drop to ground 2x

ROCKING CHAIR, CROSS, HEEL BOUNCES 1/2 LEFT

- Rock fwd on R, recover weight on L, rock back on R, recover weight on L 1, 2, 3, 4
- Cross R over L, bounce heels 3x gradually turning ¹/₂ left (weight ends on L) 5, 6, 7, 8

* RESTARTS: on walls 3, 5, 7 after 32 counts (facing 3 o'clock)

* ENDING: after 28 counts, facing the front





Mur: 4