Achy Breaky Heart

Niveau: Beginner

Chorégraphe: Laura Rittenhouse (AUS) - October 2021 Musique: Achy Breaky Heart - Billy Ray Cyrus

Start after 16 counts

S1: RAMBLE RIGHT & LEFT

Compte: 32

(Start with weight placed evenly on both feet.)

- 1,2,3,4 Swivel both heels right, Swivel both toes right, Swivel both heels right, Hold
- 5,6,7,8 Swivel both heels left, Swivel both toes left, Swivel both heels left, Hold

S2: ROCK BACK, TAP HEEL, ROCK FWD, TAP TOE; REPEAT

- 1,2,3,4 Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Tap R toe in place
- 5,6,7,8 Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Scuff R fwd

S3: LOCK FORWARD

- 1,2,3,4 Step R forward, Lock L behind R, Step R forward, Swing L forward
- Step L forward, Lock R behind L, Step L forward, Touch R beside L 5,6,7,8

S4: ZIGZAG BACK TO TURN ¼ L

- 1,2,3,4 Step R back on R diagonal, Touch L beside R, Step L back on L diagonal, touch R beside L
- Step R back on R diagonal, Touch L beside R, Turning ¼ L step L back on L diagonal (9:00), 5,6,7,8 Stomp R beside L (placing weight evenly on both feet)





Mur: 4