

Salsa LDIB III

Compte: 88

Mur: 2

Niveau: Improver

Chorégraphe: Lusiana Maemunah (INA) - October 2021

Musique: 1000 Razones - Daniel Rosas & Denise Fabel



Intro: 16 Count

S1: LITTLE RUN FORWARD (RIGHT LEFT, RIGHT), HOLD, SWAY (RIGHT, LEFT, RIGHT) HOLD

1-4 Little run forward R, L, R, Hold

5-8 Sway R, L, R, Hold

S2: LITTLE RUN FORWARD (LEFT, RIGHT, LEFT), HOLD, SWAY (LEFT, RIGHT, LEFT) HOLD

1-4 Little run forward L, R, L, Hold

5-8 Sway L, R, L, Hold

S3: (CROSS ROCK BEHIND, RECOVER, SIDE)X2

1-4 Cross rock R behind L, Recover on L, Step R to side, Hold

5-8 Cross rock L behind R, Recover on R, Step L to side, Hold

S4: REPEAT S3

S5: SLOW CROSS SHUFFLE, CROSS OVER, HOLD, SIDE, HOLD

1-4 Cross R over L, Step L to side, Cross R over L, Step L to side

5-8 Cross R over L, Hold, Step L to side, Hold

S6: SLOW CROSS SHUFFLE, CROSS OVER, HOLD, SIDE, HOLD

1-4 Cross L over R, Step R to side, Cross L over R, Step R to side

5-8 Cross L over R, Hold, Step R to side, Hold

S7: (FORWARD TOUCH, SIDE TOUCH, FORWARD, HOLD)X2

1-4 Touch R toe forward, Touch R toe to side, Step R forward, Hold

5-8 Touch L toe forward, Touch L toe to side, Step L forward, Hold

S8: FORWARD, HOLD, FORWARD, HOLD, TURN ¾ RIGHT, HOLD, SIDE, HOLD

1-4 Step R forward, Hold, Step L forward, Hold

5-8 Make ¾ R turn, Hold, Step L to side, Hold

S9: BACK ROCK, RECOVER, FORWARD, HOLD, FULL TURN RIGHT

1-4 Rock R back, Recover on L, Step R forward, Hold

5-8 Step L forward, Make ½ R turn (W.O.R), Make ½ R turn while sweeping L close L next to R, Hold

S10: BACK ROCK, RECOVER, SIDE, HOLD, SWIVEL

1-4 Rock R back, Recover on L, Step R to side, Step L beside R

5-8 Swivel both heel to R, Swivel both heel to L, Swivel both heel to R, Hold

S11: BACK ROCK, RECOVER, ¼ LEFT SIDE, SWIVEL, TOUCH BESIDE, HOLD

1-4 Rock R back, Recover on L, Make ¼ L turn step R to side, Hold

5-8 Swivel both heel to R, Swivel both heel to L, Touch R beside L, Hold

Begin again & have fun

For more information about this dance please contact: gieprod@yahoo.com

