### **Trenta**



Compte: 32 Mur: 4 Niveau: Beginner Chorégraphe: Gabi Ibáñez (ES) & Paqui Monroy (ES) - November 2021

Musique: Tie Me Down - Max Flinn



RF = Right Foot LF = Left Foot

#### Intro in count 32 with the voice

### [1-8] STEP, ½ TURN, STEP, ½ TURN, RUMBA (R) fwrd

| 1 - 2 | Step RF forward, ½ turn to left      |
|-------|--------------------------------------|
| 3 - 4 | Step RF forwartd, ½ turn to left     |
| 5 - 6 | Step RF to right, Step LF next to RF |
| 7 - 8 | Step RF forward, Scuff LF next to RF |

### [9-16] ROCKIN' CHAIR (L), HOOK COMBINATION (L) ending with FLICK-SLAP

| 1 - 2 | Rock LF forward, recover weight on RF   |
|-------|---|
| 3 - 4 | Rock LF back, recover weight on RF  |
| 5 - 6 | Touch left heel forward, Left Hook over RF                                    |
| 7 - 8 | Touch left heel forward, Left Flick back and slap with left hand in left heel |

## [17-24] GRAPEVINE (L) ending with TOUCH, STEP with ¼ TURN, STEP with ½ TURN, SHUFFLE with ½ TURN

| 1 - 2 | Step LF to left, Cross RF behind LF  |
|-------|--|
| 3 - 4 | Step LF to left, touch right toe next to LF  |
| 5 - 6 | ¼ turn to right with RF forward, ½ turn to right with LF back (9h)                             |
| 7 & 8 | 1/4 turn to right with RF to right, Step LF next to RF, 1/4 turn to right with RF forward (3h) |

### [25-32] SLOW VAUDEVILLE (L) . & HEEL. & ROCK STEP. STEP. HOOK

| 1 - 2 | Cross LF over RF, Step RF to right                                    |
|-------|---|
| 3 & 4 | Touch left heel forward, Step LF next to RF, Touch right heel forward |
| & 5-6 | Step left next to RF, Rock LF forward, Recover weight on RF           |
| 7 - 8 | Step LF back, Right Hook over LF                                      |

#### **REPEAT**

# TAG: after 6th wall, we add 4 counts (6h) ROCKIN'CHAIR (R)

| 1-2 | Rock RF forward, Recover weight on LF |
|-----|---------------------------------------|
| 3-4 | Rock RF back, Recover weight on LF    |

## ENDING: We dance all 11th wall ending looking 9h and we add ¾ turning to left [1-2] CROSS, ¾ TURN

1-2 Cross RF over LF, ¾ turn to left (12 h)