Our First Dance AB



Compte: 32 Mur: 2 Niveau: Absolute Beginner

Chorégraphe: Liz Atkinson (USA) - December 2021

Musique: Cold Heart (PNAU Remix) - Elton John & Dua Lipa



#8 count introduction - NO Tags or Restarts

Alternative music: Na Na Na by Pentatonix, Follow My Feet by The Unlikely Candidates, or other track with an easily discernible beat, ideally 110-120 bpm, with no tags or restarts. The key is to have music that will be well-liked by the class demographic...this is their first impression of line dance!

S1: GRAPEVINE (VINE) RIGHT, VINE LEFT

1, 2, 3, 4	Step RF to R side, step LF slightly behind RF, step RF to R side, touch LF beside RF
5, 6, 7, 8	Step LF to L side, step RF slightly behind LF, step LF to L side, touch RF beside LF

S2: WALK 3 STEPS, KICK, WALK BACK 3, TOUCH

1. 2. 3. 4	1, 2, 3, 4	Walk forward 3 steps RF-LF-RF, kick LF forward (keeping it low
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5, 6, 7, 8 Walk back 3 steps LF-RF-LF, touch RF beside LF

S3: V-STEP X 2

1. 2	Step RF diagonally forward, step LF diagonally forwar	h·
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3, 4 Step RF back to center, step LF back to center

5, 6, 7, 8 (Repeat steps 1-4)

S4: WALK 4 STEPS AROUND 1/2 R, HIP BUMPS X 4

1, 2, 3, 4 Walk 4 steps around to right turning 1/2 (180°) to back wall (6:00) RF-LF-RF-LF

5, 6, 7, 8 Bump hips x4 R-L-R-L

Begin again and have fun!

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