Mother...How Are U (Waltz)

Niveau: Intermediate waltz

Chorégraphe: Syafri's Fitri (INA) - December 2021

Musique: Mother How Are You Today - Freberika Napitupulu : (Cover)

START : After 6 Count

Compte: 48

RESTART: On Wall4 after24C

I. BASIC WALTZ FWD - TURN 1/2 WALTZ

- 123 Step LF fwd, Close RF next to LF, step LF Inplace
- 456 Turn 1/2 R stepping RF fwd, Close LF next to RF, step RF Inplace

II. CROSS ROCK - SIDE - CROSS ROCK TURN1/4-SIDE

- 123 Cross rock LF over RF, Recover onto RF, step LF to L
- 456 Cross rock RF over LF, Turn 1/4 R recover onto LF, step RF to R

III. CROSS - SIDE - BEHIND (Sweep)-BEHIND - SIDE - FWD

- Cross LF over RF, step RF to R, step LF behind RF sweeping front to back 123
- 456 Cross RF behind LF, step LF to L, step RF fwd

IV. FWD - TURN 1/2 WALTZ- BACK WALTZ

- 123 Step LF fwd, Turn 1/2 L stepping RF back, step LF Inplace
- 456 Step RF back, Close LF next to RF, step RF Inplace

V. FWD - TURN 1/2 WALTZ-BACK WALTZ

- Step LF fwd, Turn 1/2 L stepping RF back, step LF Inplace 123
- 456 Step RF back, Close LF next to RF, step RF Inplace

VI. BALANCE WALTZ L/R

- Step LF to L, Cross Rock RF behind LF, Recover onto LF 123
- 456 Step RF to R, Cross Rock LF behind RF, Recover onto RF

VII. SLIDE - DRAG -TURN 1/2 WALTZ

- Slide/big step LF to L, Hold, Drag RF toward LF 123
- Turn 1/4 R stepping RF fwd, turn1/4R stepping LF to L, step RF Inplace 456

VIII. TWINKLE L/R

- 123 Cross LF Over RF, step RF to R step LF Inplace
- 456 Cross RF Over LF, step LF to L step RF Inplace

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Mur: 4