

My Somebody

Compte: 40

Mur: 2

Niveau: High Improver

Chorégraphe: Debbie Mabbs (UK) & Lorraine Monahan (UK) - January 2022

Musique: My Somebody - James TW



Intro: 8 Counts. Start at approx 8 secs.

SEC 1: LUNGE OUT, FULL TURN, CROSS ROCK, SIDE, BACK, BACK, SIDE

- 1-2 Lunge R to R side, Recover ¼ on L (9:00)
- &3 Make ½ turn L stepping back on R, make ¼ L stepping L to L side (12:00)
- 4&5 Cross Rock R over L, Recover on L, step R to R side
- 6&7 Cross L over Right, Step R to R side, step back on L
- 8& Step back on R, Step L to L ½ turn fwd on L diagonal (10:30)

SEC 2: WALK FWD R,L,R, L TOGETHER, BACK R,L,R, TOUCH UNWIND ¾ ROCK RECOVER

- 1-2&3 Step R fwd, Step L fwd, Step R fwd, Step together L next to R (weight on L)

Arms Out to Sides Clicking Fingers)

- 4&5 Step R back, step L back, step back R
- 6-7 Touch L Back, Unwind ¾ over L, Recover on L (6:00)

Restart Here on Wall 4 - with step change for count 8

- 8 R Toe Touch next to the L
- 8& Rock R fwd, Recover back on L

SEC 3: BACK SWEEPS X 2, BEHIND SIDE CROSS, ½ CURVE TURN, ROCK, SIDE

- 1-2, Step back on R Sweep L, Step Back on L Sweep R
- 3&4 Step R behind L, step L to L side, cross R over L
- 5&6 Make a ¼ Curve turn to L, Step L fwd, Step R next to L (3:00)
- &7 Step ¼ Curve turn to L, Step R next to L, Step fwd on L (12:00)
- 8& Cross R over L, step L to L side

SEC 4: NIGHTCLUB BASIC, WEAVE, HIP SWAYS X 3, SIDE TOUCHES X 2

- 1-2& Step R to R side, Rock Back On L, Recover On R
- 3-4&5 Step L to L side, step R behind L, step L to L side, step R across L
- 6&7& Sway L to L side, Sway R to R side, Sway L to L side, Touch R next to L
- 8& Step R to R side, Touch L next to R

SEC 5: NIGHTCLUB BASIC, ROCK RECOVER ¼ FWD, STEP ¼ STEP, FULL TURN, SIDE TOUCHES

- 1-2&3 Nightclub Basic Step L to L side, rock back on R, Recover on L, Step ¼ step fwd on R (3:00)
- 4&5 Step fwd on L, recover ¼ on R, Step fwd on L (6:00)
- 6& Step ½ Turn over L, Step Back ½ turn Over L, putting weight on L (6:00)
- 7&8& Step R to R side, Touch L next to R, Step L to L side, Touch R next to L (Bend R Knee To L)

Last Update - 12 Feb. 2022