Lightning In A Bottle

Niveau: Easy Intermediate

Chorégraphe: Elisabeth Elkuch-Heid (CH/LIE) - 22 January 2022 Musique: Lightning In a Bottle - Nate Haller

Start right away with the vocals !

Compte: 32

[1-8] R Touch Side, Flick, Cross Shuffle, L Touch Side, Flick, Cross Shuffle

- Touch R Toe next to L. Flick R 1.2
- 3&4 R Cross Shuffle over L
- 5,6 Touch L Toe next to R, Flick L
- 7&8 L Cross Shuffle over R !

Restart here during wall 9, (12) then ending: Mambo 1/4 Turn L, Stomp R next to L (12)!

[9-16] R PaddleTurn L 2x1/4, SideRockCross, L PaddleTurn R 2x1/4, SideRockCross

- 1&2& Paddle Turn 2x 1/4 L
- 3&4 Step R to side, Recover L, R Crosses L
- Paddle Turn 2x 1/4 R 5&6&
- 7&8 Step L to side, Recover R, L Crosses R !

[17-24] Jump R Diagonal R Fwd, Close L Next to R, Hold, Swivel 1/4 Turn L, Jump L Diagonal L Fwd, Close R Next To L, Hold, Swivel 1/2 Turn R (3), Weight L

- &1,2 Light Jump R to R Diagonal, Step L next to R, hold
- 3&4 Swivel both Heels to R-L-R while you turn 1/4 L
- &5,6 Light Jump L to L Diagonal, Step R next to L, hold
- Swivel both Heels to L-R-L while you turn 1/2 R (Weight L) (3) ! 7&8

[25-32] Shuffle Fwd R, Shuffle Back L with 1/2 Turn R, Shuffle Fwd R with 1/2 R, Mambo L

- Step R Fwd, Step L next to R, Step R Fwd 1&2
- 3&4 1/2 Turn R with L-R-L
- 5&6 1/2 Turn R with R-L-R
- 7&8 Step L Fwd, Recover R, Step L next to R !

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Mur: 4