Manyuruak Di Lalang Salai

Niveau: Intermediate

Chorégraphe: Heny Riawati (INA) - January 2022

Musique: Manyuruak Di Lalang Salai - Ratu Sikumbang

Intro 36 count

Compte: 32

S1 : FORWARD/SWEEP, WEAVE, BEHIND/SWEEP, BEHIND, ¼ L FORWARD, ¼ L BIG STEP, BEHIND, SIDE, CROSS ROCK, SIDE

- 1 Step R forward, sweeping LF from back to front
- 2 & 3 Cross LF over RF, step RF to R, cross LF behind RF sweeping RF around from front to back
- 4 & 5 Cross RF behind LF, ¹/₄ turn L LF forward, ¹/₄ turn L big step RF to R side
- 6 & 7 Cross LF behind RF, Step RF to R, cross LF over RF
- 8 & Recover on RF, LF next RF

S2 : CROSS ROCK, TOGETHER, ½ R BIG STEP, BEHIND SIDE, CROSS, SCISSOR STEP, ½ L STEP BACK, ½ L SIDE

- 1 Cross RF over LF
- 2 & 3 Recover on LF, RF together LF, ¼ turn R big step LF to L side
- 4 & 5 Cross RF behind LF, LF together RF, cross LF over RF
- 6 & 7 Step LF to L side, RF together LF, cross LF over RF
- 8 & 1/4 turn L stepping back on RF, 1/4 turn L step LF to L side

S3 : CROSS, HALF RUMBA BOX FORWARD (X2), ½ R PIVOT, FULL TURN

- 1 Cross RF over LF
- 2 & 3 Step LF to L side, RF together LF, step LF forward
- 4 & 5 Step RF to R side, LF together RF, step RF forward
- 6 & 7 Step LF forward, 1/2 turn R recover on RF, step LF forward
- 8 & ¹/₂ turn L stepping back on RF, ¹/₂ turn L LF forward

S4 : FORWARD, MAMBO, COUSTER STEP, FORWARD, HIP SWAY

- 1 Step RF forward
- 2 & 3 Step LF forward, recover on RF, step back on LF
- 4 & 5 Step back on RF, LF together RF, step RF forward
- 6 Step forward LF
- 7 8 Hip sway R, Hip sway L

Note :

Tag 4 count on wall 1,2,4,5

- JAZZ BOX
- 1 2 Cross RF over LF, Step back on LF
- 3 4 Step RF to R side, Step LF forward

Contact : henyr2008@gmail.com





Mur:

Mur: 4