Rock Me Amadeus (摇滚我艾玛迪斯) (zh)

Compte: 32 **Mur:** 2 **Niveau:** Beginner
Chorégraphe: Maria Nix (DE) - 2022年03月
Musique: Rock me Amadeus (Duet with Falco) - LaFee

注意：舞蹈在大约 40 拍或 25 秒后开始播放歌曲。
Note: The dance begins with the entry of the song after about 40 beats or 25 sec.

S1：大惊小怪：点接触点，侧十字后，链接：点接触点，侧十字后
S1: 法权: Point touch point, behind side cross, L:Point touch point, behind side cross

1&2	大惊小怪 轻拍到一边，再轻拍到一边
3&4	大惊小怪 交叉在左侧，链接大惊小怪 横向，大惊小怪 交叉在左侧
5&6	LF 侧向敲击，向后敲击，再次侧向敲击
7&8	在左后方交叉链接大惊小怪，大惊小怪 到侧面，在左侧交叉 LF
1&2	RF tap to the side, tap back and tap to the side again
3&4	RF cross behind left, LF sideways, RF cross over left
5&6	LF tap sideways, tap back, and tap sideways again
7&8	Cross LF behind left, RF to side, cross LF over left

S2：法权：向前走 x 2，脚跟弹跳 2x链接：后退 2x，过山车交叉
S2: R: Walks forward x 2, heel bounce 2x L: back 2x, coaster cross

1-4	大惊小怪 向前迈步，链接大惊小怪 向前迈步，两个球弹跳 2 次
5-8	左脚向后转一圈，左脚后退 右脚踩在左脚上，左脚越过右脚
1-4	RF step forward, LF step forward, bouncing 2 times on both balls
5-8	Swing left foot back in a circle and step back on left Step right foot onto left foot and cross left foot over right

S3：法权：长边触球，水手 ½ 转，跨步，(6:00) 法权：踢球交叉，脚跟弹跳 x2 ½ 转 (12:00)
S3: R: long side touch, sailor ½ turn, step, (6:00) R: kick ball cross, heel bounce x2 ½ turn (12:00)

1-4	大惊小怪 长步侧身，轻敲链接大惊小怪，半转至 6:00 轻敲大惊小怪
5-8	大惊小怪 向前踢链接大惊小怪 越过大惊小怪，在 12:00 两球上下摆动 2 次半转
1-4	RF long step sideways, tap LF, half turn to 6:00 tap RF
5-8	RF kicks forward LF crosses over RF, bobbing on both balls 2 times half turn at 12:00

S4：法权：后侧交叉，脚跟弹跳 2x (6:00) 向外，向内，脚跟分开 2x
S4: R: behind side cross, heel bounce 2x (6:00) out out, in in, heel split 2x

1&2	大惊小怪 在链接大惊小怪 后面交叉，链接大惊小怪 向右走，大惊小怪 在链接大惊小怪 前面交叉，
3&4	½ 转球 6:00 转球
5&6	大惊小怪 斜前方，LF链接大惊小怪 斜前方，大惊小怪 后方，链接大惊小怪 旁边
7&8&	重量在你的两个脚掌上——同时向外和向后旋转两个脚后跟
1&2	RF crosses behind LF, LF step right, RF crosses in front of LF,
3&4	½ turn on balls bouncing Turn at 6:00
5&6	RF diagonally forward, LF diagonally forward, RF back, LF next to it
7&8&	Weight is on both balls of your feet - rotate both heels out and back at the same time

舞会又开始了
The dance starts again