## Breathe

Compte: 32
Mur: 4
Niveau: Intermediate
Chorégraphe: Ali Pollard (UK) - April 2022
Musique: Breathe (Radio Mix) - Blu Cantrell

Start dance after 16 counts ( 10 seconds). ( $2+2$ walls)
SECTION 1: Chase Turn, Back Spin, Wizard Step, Cuban Break
Start with weight on L, feet together, facing 12 o'clock
Chase Turn:
1 Step R fwd
2 Turn $1 / 2 L$ stepping $L$ fwd
\& Step R fwd
Back Spin:
3
$4 \quad$ Turn $1 / 2 \mathrm{R}$ stepping R fwd
Wizard Step:
$5 \quad$ Step $L$ fwd to $L$ diagonal
\& Lock R behind L (\&)
$6 \quad$ Step $L$ fwd to $L$ diagonal
Cuban Break:
$7 \quad$ Check step $R$ over $L$
\& Recover weight on $L$
$8 \quad$ Step $R$ to side with partial weight on ball of $R$ foot
\& Recover weight on $L$

## SECTION 2: Vaudeville, Monterey Turn $1 / 4$ R, Kick Ball Change

## Facing 6 o'clock

Vaudeville:
$1 \quad$ Cross R over L
\& Step L to side
$2 \quad$ Touch $R$ heel fwd into $R$ diagonal
\& Step $R$ beside $L$
$3 \quad$ Cross L over R
\& $\quad$ Step $R$ to side
$4 \quad$ Touch $L$ heel fwd into $L$ diagonal
\& Step $L$ beside $R$
Monterey Turn $1 / 4 \mathrm{R}$ :
$5 \quad$ Touch $R$ to $R$ side
\& Turn $1 / 4 \mathrm{R}$ whilst bringing R back to place and stepping onto it
6 Touch $L$ to $L$ side
\& Step L next to $R$
Kick Ball Change:
$7 \quad$ Kick R towards L diagonal with pointed foot.
\& Step on ball of $R$ foot
8 Step on $L$ foot

## SECTION 3: Funky Vine

Facing 9 o'clock
Funky Vine:
1 Step R to side
$2 \quad$ Cross $L$ behind $R$
\& Step $R$ to side

3
\& 4

Tap L heel to $L$ diagonal Step on L Cross $R$ in front of $L$
Step $L$ to side
Cross $R$ behind $L$
Step L to side
Tap R Heel to R diagonal
Step on R
Cross $L$ in front of $R$
SECTION 4: Rock Step, Sweep, Sailor Turn ½ R, Spiral Pivot, Lock Step
Facing half past 10 o'clock
Rock Step:
1 Step R crossing over L
2 Replace weight on $L$
Sweep:
\& $\quad$ Sweep $R$ around from front to back starting $1 / 2$ turn $R$
Sailor Turn $1 / 2 \mathrm{R}$ :
$3 \quad$ Complete $1 / 2$ turn $R$ by crossing $R$ behind $L$
\& step L next to $R$
$4 \quad$ Step $R$ fwd (you are now facing half past 4 o'clock)
Spiral Pivot:
$5,6 \quad$ Turn 360 degrees to $L$ keeping both feet planted in place. You will end with $L$ leg spiralled against $R$ leg
Lock Step:
7
Step L fwd towards 6 o'clock
Lock $R$ behind L (\&)
$8 \quad$ Step L fwd
RESTART 1:
On Wall 4 facing 6 o'clock, there is a restart after 16 counts. Wall 5 will then start facing 3 o'clock.
RESTART 2:
On Wall 7 facing 3 o'clock, there is a restart after 24 counts. Wall 8 will then start facing 12 o'clock.

## TAG:

On the last 4 counts of the song, dance the following tag to ensure you end the dance facing 12 o'clock:
1 Step R fwd
2 Turn $1 / 2 L$ stepping $L$ fwd
3 Step R fwd
4
Turn $1 / 2 \mathrm{~L}$ stepping L fwd
SUMMARY OF WHOLE DANCE:
Dance all 32 counts 3 times (facing 12, 6 then 12)
Dance first 16 counts only (facing 6)
Dance all 32 counts 2 times (facing 3 then 9 )
Dance first 24 counts only (facing 3)
Dance all 32 counts 4 times (facing 12,6,12 then 6)
Dance 4 count tag to end facing front wall.
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