# He's Moving Slow

Compte: 32

Niveau: High Beginner

Chorégraphe: Susan Reynolds (USA) - July 2020

Musique: You Don't Love Me (Pisk Remix) - Caro Emerald

## \*\*2 Restarts – Both occur after 16 counts while facing 3:00

#### Intro: 8-counts.

### **CHARLESTON**

- Step R forward, Kick L forward 1-2
- Step L back, Touch R back 3-4
- 5-6 Step R forward, Kick L forward
- Step L back, Touch R back 7-8

## STEP TOGETHER SHUFFLE, WALK BACK 3, KICK

- 1-2 Step R to side, Step L together beside R
- 3&4 Step R to side, Step L beside R, Step R to side
- 5-8 Step L back, Step R back, Step L back, Kick R forward

Restart here after 16 counts, on Wall 4 facing 3:00

Restart here after 16 counts, on Wall 8 facing 3:00\*

### RAMBLE RIGHT, HIT HEEL TWICE

- Twist both heels R moving R, Twist both toes to R moving R, Twist both heels R moving R, 1-4 Twist both toes to R moving R (End with weight on L)
- 5-6 Lift R heel up behind body as hit heel with R hand, Touch R toe down in place
- 7-8 Lift R heel up behind body as hit heel with R hand, Touch R toe down in place

#### 1/4 PIVOT TURN LEFT, JAZZ BOX

- Step R forward as turn 1/8 to L, (Weight returns to L foot) 1-2
- 3-4 Step R forward as turn 1/8 to L, (Weight returns to L foot)
- 7-8 Cross R over L, Step back L, Step R to side, Step L beside R

\*NOTE: There is a section of music that has subdued lyrics and different music. It begins on Wall 7 facing 6:00. Keep dancing. When you are at Wall 8 facing 3:00, dance 16 counts and do the second restart

The dance moves counterclockwise.

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**Mur:** 4