Be Your Light



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Steve Rutter (UK) & Claire Rutter (UK) - June 2022

Musique: Anyone For You (Nathan Dawe Remix) - George Ezra & Nathan Dawe



(16 Count Intro' - 8 Secs)

Or for a slower practice track "Anyone For You (Tiger Lily)" by George Ezra (103 B.P.M) (16 Count Intro' – 9 Secs) (No Tag Needed For The Slower Version)

Section 1 – Shuffle Back x2, Close, Walk Forward, Shuffle Forward.

Step back on right, close left beside right, step back on right.

Step back on left, close right beside left, step back on left.

& Close right beside left.

5-6 Step forward on left, step forward on right.

7&8 Step forward on left, close right beside left, step forward on left. (12:00)

Section 2 - Pivot 1/4 Turn Left x2, Jazz Box.

1-2 Step right forward, pivot a quarter turn left.
3-4 Step right forward, pivot a quarter turn left.
5-6 Cross right over left, step back on left.

7-8 Step right to right side, cross left over right (6:00)

Section 3 – Side Points x2, Heel Switches x2, Forward Rocks x2.

Touch right toe to right side, close right beside left.
Touch left toe to left side, close left beside right.
Touch right heel forward, close right beside left.
Touch left heel forward, close left beside right.
Touch left heel forward, close left beside right.
Rock forward on right, recover weight onto left.

& Close right beside left.

7-8 Rock forward on left, recover weight onto right.

& Close left beside right. (6:00)

Section 4 – Side Rocks x2, Cross Behind, ¼ Turn Right, Step Forward, Forward Rock.

1-2 Rock right to right side, recover weight onto left

& Close right beside left.

3-4 Rock left to left side, recover weight onto right.

5&6 Cross left behind right, make a quarter turn right stepping right forward, step forward on left.

Rock forward

7-8 on right, recover weight onto left. (6:00)

Tag (When Using "Nathan Dawe Remix" Only):

When dancing to the "Nathan Dawe Remix" version of this track you will need to add the following 4 Count Tag (Reverse Rocking Chair) at the end of wall 7 (You'll be facing 3:00)

1-2 Rock back on right, recover weight onto left.3-4 Rock forward on right, recover weight onto left.

Enjoy!