# Can't Keep Up



Compte: 32 Mur: 4 Niveau: Improver

**Chorégraphe:** Donna Manning (USA) - July 2022 **Musique:** Can't Keep Up - Brett Eldredge



#### NO tags or restarts...(hooooray!! I know) - (counter clockwise)

Coo 1 /1 0	\ Kiek Behind	1/ Turn 1/ Tu	rn Hitch (or kick)	Cross, Back, Side
Sec. 1 (1-6	o Nick. Benina	. % a lumn. % a lu	rn. milch (or kick).	Cross, back, Side

1,2,3,4 Kick L to fwrd outside diagonal, step L behind R, ¼ turn r stepping R slightly fwrd (3:00), ¼

turn r stepping L slightly to L side (6:00)

5,6,7,8 Hitch R (or kick R fwrd), cross R over L, step L back, step R slightly to R side but under your

shoulder width – stay square with wall(6:00)

### Sec. 2 (9-16) Step, Heel-toe walk, Step, Heel-toe walk

1,2-3-4 Step L to L fwrd diagonal, walk your R ft to L ft moving heel, toes, heel

5,6-7-8 Step R to R fwrd diagonal, walk your L ft to R ft moving heel, toes, heel (weight stays on the

R ft)(6:00)

#### Sec. 3 (17-24) Kick, Step, Rock-Recover, Kick, Step, Rock-Recover

1,2,3-4 Kick L fwrd, step down on L, Side Rock R, Recover to L moving slightly fwrd

5,6,7-8 Kick R fwrd, step down on R, Side Rock to L, Recover to R moving slightly fwrd (angle body

slightly R)(6:00)

## Sec. 4 (25-32) Cross Rock, Recover, 1/4 Turn, Step, 1/2 Turn, Step, Stamp

1,2,3-4 Cross Rock L over R, recover to R, ¼ turn L stepping L fwrd, pause

5,6,7,8 Step R fwrd, ½ turn L taking weight to L, step R slightly to the side of L, stamp L (stomp not

taking weight) next To R (angle body to the L)(9:00)

#### EOD ... End of dance! Smile, have fun, REPEAT!

Please do not alter this step sheet in any way. If you would like to use on your website, please make sure it is in its original format and include all contact details on this script. Video rights assigned to choreographer. donnaz.mkgal@gmail.com

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