Feel Free (Bebas)

Niveau: Phrased Beginner

Chorégraphe: Jeng Linda Etry (INA) - August 2022

Musique: Bebas - Iwa K, Sheryl Sheinafia, Maizura & Agatha Pricilla

Intro 16 Counts No Tag No Restart Sequence : C A A B B A A B B C A A B B B C

PART A : (16 COUNTS)

Compte: 48

SEC 1 : STEP DIAGONAL FORWARD - LOCK - DIAGONAL LOCK SHUFFLE - (R,L)

- 1 2 Step R diagonal forward, Lock L behind R
- 3&4 Step R diagonal forward, Lock L behind R, Step R diagonal forward
- 5 6 Step L diagonal forward, Lock R behind L
- 7&8 Step L diagonal forward, Lock R behind L, Step L diagonal forward

SEC 2 : CROSS OVER - STEP BACK - STEP SIDE - PADDLE 1/4 TURN LEFT (2X)

- 1&2 Cross R over L, Step L back, Step R to right side
- 3&4 Cross L over R, Step R back, Step L to left side
- 5 6 Step R forward, ¼ turn left recover on L
- 7 8 Step R forward, ¼ turn left recover on L

PART B : (16 COUNTS)

SEC 1 : KICK BALL - CLOSE - SIDE ROCK - CROSS BEHIND - STEP SIDE - CLOSE - RUMBA BOX

- 1&2 Kick R forward, Close R together L, Rock L to left side
- 3 4 5 Cross L behind R, Step L to left side, Close L together R
- 6&7 Step R to right side, CloseL together R, Step R back
- 8&1 Step L to left side, Close R together L, Step L forward

SEC 2 : 1/4 TURN LEFT - IN PLACE WITH ARM VARIATION - (2X) - VOLTA FULL TURN

- 2&3 1⁄4 turn left Step R side, in place with style (push your chest forward and put both hands on the shoulders
- 4&5 1⁄4 turn left Step R side, in place with style (push your chest forward and put both hands on the shoulders
- 6&7& Step R forward, Close L together R, ½ turn right step R forward, Close L together R
- 8& ¼ turn right step R forward, ¼ turn right step L to side

PART C : (16 COUNTS)

SEC 1 : WALK FORWARD - 1/2 TURN LEFT - (2X)

- 1 2 Walk forward R, L
- 3 4 Step R forward, ¹/₂ turn left step L inplace (with sway)
- 5 6 Walk forward R, L
- 7 8 Step R forward, ¹/₂ turn left step L inplace (with sway)

SEC 2 : STEP SIDE - TOUCH - RECOVER - CLOSE - ROCKING CHAIR

- 1 2 Step R to right side with hip sway, Touch L to left side
- 3 4 Recover on L with hip sway, Close R together L
- 5 6 Rock R forward, Recover on L
- 7 8 Step R back, Recover on L

Enjoy the Dance





Mur: 2