Another Heart

HOLD

2

Niveau: Low Advanced

Chorégraphe: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - July 2022

Musique: Another Heart - ILIRA : (Amazon & iTunes)

Intro: 16 C	 Recover forward on left Step forward on right, Lock left behind right, Step forward on right Press forward on left, Recover back on right COASTER CROSS, HOLD, & TOGETHER, CROSS, SWAY, SWAY, TOGETHER Step back on left, Step right next to left, Cross left over right HOLD Small jump on right to right side, ¼ left stepping left next to right, Cross right over left [10:30] Sway left rolling hips left and straightening to [12:00], Sway right rolling hips right, Step left next to right OUT OUT IN CROSS, HOLD, & BACK, BACK, ROCK BACK, RECOVER, WALK, SWEEP Step out and up on ball of right, Step out and up on ball of left, Step down on right in centre, Cross left over right HOLD Small jump back on right, Step back on left popping right knee, Step back on right popping left knee Rock back on left, Ronde sweep right from back to front CROSS, ¼, ¼, 'CHUG STEPS x3 Cross right over left, ¼ hinge turn right stepping back on left [3:00] ¼ hinge turn right stepping right to right side, ½ hinge turn right stepping left to left side [9:00] Small hop forward on right popping left knee next to right. Small hop forward on right popping left knee next to right. CHASSE L, HOLD, & SIDE, TOUCH, R ROLLING VINE Step left to left side, Step right next to left, Step left to left side [9:00] Small hop forward on right popping left knee next to right. CHASSE L, HOLD, & SIDE, TOUCH, R ROLLING VINE Step left to left, Step left to left side, Touch right next to left bending right knee slightly across left ¼ right stepping forward on right, ½ right stepping back on left [6:00] ¼ right stepping right to right side, ½ wight stepping back on left [6:00] ¼ right stepping right to right side angling body to [10:30] L LOCK STEP, HOLD, & ROCK, RECOVER, BACK, ¼, WALK
S1: WALK	BACK, ROCK BACK, RECOVER, RIOCK STEP, PRESS, RECOVER
1-2	
3	
4&5	
6-7	
S2: COAS	TER CROSS, HOLD, & TOGETHER, CROSS, SWAY, SWAY, TOGETHER
8&1	Step back on left, Step right next to left, Cross left over right
2	HOLD
&3-4	Small jump on right to right side, 1/2 left stepping left next to right, Cross right over left [10:30]
5-6-7	
S3: OUT C	OUT IN CROSS, HOLD, & BACK, BACK, ROCK BACK, RECOVER, WALK, SWEEP
&8&1	Cross left over right
2	
&3-4	
5-6	Rock back on left pushing hips back, Recover on right pushing hips forward
7-8	Walk forward on left, Ronde sweep right from back to front
S4: CROS	S, ¼, ¼, ¼, CHUG STEPS x3
1-2	Cross right over left, ¼ hinge turn right stepping back on left [3:00]
3-4	1/4 hinge turn right stepping right to right side, 1/4 hinge turn right stepping left to left side [9:00]
5-6	
7	Small hop forward on right popping left knee next to right
S5: CHAS	SE L, HOLD, & SIDE, TOUCH, R ROLLING VINE
8&1	Step left to left side, Step right next to left, Step left to left side
2	HOLD
&3-4	
5-6	1/4 right stepping forward on right, 1/2 right stepping back on left [6:00]
7	1/4 right stepping right to right side angling body to [10:30]
S6: L LOC	K STEP, HOLD, & ROCK, RECOVER, BACK, ½, WALK
8&1	Step forward on left to [10:30], Lock right behind left, Step forward on left
2	HOLD
&3-4	Step right next to left, Rock forward on left rolling hips forward, Recover on right
5-6-7	Step back on left, ½ right stepping forward on right, Walk forward on left [4:30]
	K STEP, HOLD, & ROCK, RECOVER, BACK, TOUCH, BACK, TOUCH
8&1	Step forward on right to [4:30], Lock left behind right, Step forward on right





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- &3-4 Step left next to right, Rock forward on right rolling hips forward, Recover on left
- 5-6 1/2 right stepping back on right rolling right shoulder back, Touch left next to right dipping into right hip [6:00]
- 7-8 Step back on left rolling left shoulder back, Touch right next to left dipping into left hip

S8: ¼ ROCK, ¼ RECOVER, ½, ½, WALK, WALK, ANCHOR STEP

- 1-2 Rock ¹/₄ right pushing hips to right [9:00], ¹/₄ left recovering weight forward on left [6:00]
- 3-4 ¹/₂ left stepping back on right, ¹/₂ left stepping forward on left [6:00]
- 5-6 Walk forward on right, Walk forward on left
- 7&8 Lock right behind left, Step weight onto left, Step slightly back on right

TAG : At the end of Wall 2, dance the 16 count Tag facing [12:00]:

SIDE, DRAG, & SIDE, POINT, 1/4, 1/2, 1/4, TOUCH (REPEAT)

- 1-2 Long step on left to left side, Drag right to meet left
- &3-4 Step down on right next to left, Step left to left side, Point right to right side angling body to [10:30]
- 5-6 ¹/₄ right stepping forward on right, ¹/₂ right stepping back on left
- 7-8 ¹/₄ right stepping right to right side, Touch left next to right [12:00]
- 9-16 REPEAT counts 1-8

ENDING: At the end of Wall 4, stomp left to left side to finish the dance [12:00]

Thank you to Margaret Hains for suggesting this track

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