Body is Talking EZ

Compte: 32 **Mur:** 4 Niveau: Beginner Chorégraphe: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 9 September 2022

Musique: Body Language - J Rivers

Start: 4 s. approximately, On the lyrics No Tag – No Restart

[1-8] Walk, Walk, Mambo, Mambo, Mambo, Cross

1-2 RF FW, LF FW

- 3&4 RF FW, Recover to LF, RF back
- LF Back, Recover to RF, LF FW 5&6
- 7&8 RF to the R side, Recover to LF, Cross RF over to LF

[9-16] Bump, Bump, Bump, Bump, Sway, Sway, Sway, Sway

- 1-2 L bump, L bump
- 3-4 R bump, R bump
- 5-6 L sway, R sway
- 7-8 L sway, R sway (weight is on RF)

[17-24] L chassé, Rock step, R chassé, Rock step

- LF to the L side, RF next to LF, LF to the L side 1&2
- 3-4 RF back, Recover to LF
- 5&6 RF to the R side, LF next to RF, RF to the R side
- 7-8 LF back. Recover to RF

[25-32] Jazz box ¼ L, Back, Back, Back, Touch

- Cross LF over RF, Make 1/4 L with RF back 1-2
- 3-4 LF to the L side, Cross RF over LF
- 5-6 LF back, RF back
- 7-8 LF back, Touch RF next to LF

Smile et enjoy the dance

Contact: maellynedance@gmail.com



