## My HaND

Compte: 32

Niveau: Improver / Intermediate

Chorégraphe: Andrico Yusran (INA) - September 2022

Musique: For My Hand (feat. Ed Sheeran) - Burna Boy

#### \*No Tag No Restart\*

\*Start Dance after intro lyrics 32 Counts\*

# S1# \*SAMBA WISHK - VOLTA 3/4 TURN L - FORWARD - 1/2 TURN R ( sweep ) - CROSS BEHIND - SIDE - CROSS\*

- 1 a2 Step R to side , L ball cross behind R , R tap in place
- 3 a4 L 1/4 turn L, R lock behind L , L 1/4 turn to L
- 5-6 R forward (3.00), L 1/2 Turn to R with R sweep from front to back (9.00)
- 7&8 R cross behind L , L side , R cross over L

#### S2# \*DIAMOND 1/2 TURN L - LOCK FORWARD SYNCOPATED DIAGONAL\*

- 1&2 Step L forward diagonal to L, R side 3/8 turn L (6.00), L back diagonal to L with R knee up
- 3&4 R back , L 3/8 turn to L ( 3.00 ) , R cross diagonal to L ( 1.30 )
- 5&6& L forward diagonal to L , R lock behind L , L forward , R lock behind L ( 1.30 )
- 7&8 L forward diagonal to L , R lock behind L , L forward (1.30)

### S3# \*MAMBO DIAGONAL ( sweep ) - SAILOR 3/8 TURN L - SAILOR 1/4 TURN R - OUT - OUT\*

- 1&2 Step R forward , Recover on L , R back with L sweep from front to back (1.30)
- 3&4 L 3/8 turn to L ( 12.00 ) , R side , L to side
- 5&6 R 1/4 turn to R cross behind L , L side , R forward
- 7-8 L out , R out

#### S4# \*CLOSE - KNEE POP - V STEP (heels) - FORWARD - CLOSE\*

- 1-2-& Step L close beside R , making knee both out , in ( heels up )
- 3&4 knee both out , in , out ( heels up )
- 5&6& R heel diagonal to R , L heel diagonal to L , R back to center , L close beside R
- 7-8 R forward , L close beside R

Dancing With Your Heart  $\Box$ 

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