# My HaND



Compte: 32 Mur: 4 Niveau: Improver / Intermediate

**Chorégraphe:** Andrico Yusran (INA) - September 2022 **Musique:** For My Hand (feat. Ed Sheeran) - Burna Boy



### \*No Tag No Restart\*

# S1# \*SAMBA WISHK - VOLTA 3/4 TURN L - FORWARD - 1/2 TURN R ( sweep ) - CROSS BEHIND - SIDE - CROSS\*

1 a2	Step R to side , L ball cross behind R , R tap in place	
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3 a4 L 1/4 turn L, R lock behind L, L 1/4 turn to L

5-6 R forward (3.00), L 1/2 Turn to R with R sweep from front to back (9.00)

7&8 R cross behind L, L side, R cross over L

#### S2# \*DIAMOND 1/2 TURN L - LOCK FORWARD SYNCOPATED DIAGONAL\*

1&2	Step I forward diagonal to I	R side 3/8 turn L (6.00)	. L back diagonal to L with R knee up

3&4 R back , L 3/8 turn to L ( 3.00 ) , R cross diagonal to L ( 1.30 )

5&6& L forward diagonal to L, R lock behind L, L forward, R lock behind L (1.30)

7&8 L forward diagonal to L , R lock behind L , L forward (1.30)

#### S3# \*MAMBO DIAGONAL ( sweep ) - SAILOR 3/8 TURN L - SAILOR 1/4 TURN R - OUT - OUT\*

1&2 Step R forward , Recover on L , R back with L sweep from front to back (1.30)

3&4 L 3/8 turn to L ( 12.00 ), R side, L to side

5&6 R 1/4 turn to R cross behind L , L side , R forward

7-8 L out, R out

### S4# \*CLOSE - KNEE POP - V STEP (heels) - FORWARD - CLOSE\*

1-2-& Step L close beside R, making knee both out, in ( heels up )

3&4 knee both out , in , out ( heels up )

5&6& R heel diagonal to R, L heel diagonal to L, R back to center, L close beside R

7-8 R forward , L close beside R

## Dancing With Your Heart □

Contact: ricoyusran@yahoo.com

<sup>\*</sup>Start Dance after intro lyrics 32 Counts\*