So Lovely Music



Compte: 64 Mur: 2 Niveau: High improver

Chorégraphe: Marie-Odile Jélinek (FR) - July 2022

Musique: Frames - Lee DeWyze



AWARDS 2021 FFLCD

No Tag - Only 1 Restart at 2nd wall at the end of the 6th section

Final of 4 counts at 12H.

Dance starts after 32 Intro counts at the lyrics «My heart is getting...»

[1 to 8] WALK-WALK- (HEEL) OUT- (HEEL) OUT, BEHIND SIDE CROSS,

SIDE ROCK STEP RECOVER

1-2 Walk RF fwd, Walk LF fwd - 12H

3-4 Pose (Heel) RF in diagonal R, Pose (Heel) LF in diagonal L

(Option :Heel or Pose RF or L)

5&6 Cross RF behind LF, Step LF to the L, Cross RF in front of LF

7-8 Step LF to the L, gather on RF

[9 to 16] L BEHIND-R STEP 1/4 TURN SIDE-L TRIPLE FWD-R STEP TURN

1/2 Pivot- R TRIPLE TURN 1/2

1-2 Cross LF behind RF, ¼ Turn to the R with RF fwd - 3H

3&4 Triple Step LF (L-R-L)

5-6 RF fwd, pivot ½ Turn to the Left

7&8 Triple Step RF before Pivot ½ Turn to the L (R-L-R)

[17 to 24] L ROCK BACK RECOVER, L KICK AND POINT R, R KICK BALL

CHANGE - L ROCK BACK RECOVER

1-2 Rock LF behind, gather RF - 3H

3&4 Kick Ball LF: Kick LF fwd, Gather LF next to RF, Point RF to the R
5&6 Kick Ball RF: Kick RF fwd, Gather RF next to LF, Point LF next to RF

7-8 Rock LF back, gather on RF

[25 to 32] STEP LEFT 1/4- CROSS TRIPLE LEFT-R ROCK SIDE RECOVER-

CROSS TRIPLE RIGHT

1-2 LF fwd, pivot 1/4 turn to the R - 6H

3&4 Cross LF in front of RF, RF to the R, Cross LF in front of RF

5-6 Rock RF lateral gather on LF

7&8 Cross RF in front of LF, LF to the L, Cross RF in front of LF

[33 to 40] SWAY x 2- BEHIND SIDE CROSS- SWAY x 2- BEHIND SIDE CROSS

1-2 Step LF L side...Sway L then Sway R - 6H

3&4 Cross LF behind RF, RF to the R, Cross LF in front of RF

5-6 Step RF R side...Sway R then Sway L

7&8 Cross RF behind LF, LF to the L, Cross RF in front of LF

[41 to 48] L STEP TURN 1/2 Pivot- TRIPLE TURN 1/2- R ROCK BACK

RECOVER- R KICK BALL CHANGE

1-2 LF fwd, ½ Turn to the R - 6H

3&4 Triple Step LF before Pivot ½ Turn to the R (L-R-L)

5-6 Rock RF back, gather on LF

7&8 Kick Ball RF: Kick RF fwd, Gather RF next to LF, LF slightly up, (BW on

LF)

Here: restart at 2nd wall after section N°6: 41 to 48 (Resume dance at start of 12h)

[49 to 56] SWAY x 2- BEHIND SIDE CROSS- SWAY x 2- BEHIND SIDE CROSS

1-2 Step RF R side...Sway R then Sway L - 6H

3&4 Cross RF behind LF, LF to the L, Cross RF in front of LF

5-6 Step LF L side...Sway L then Sway R

7&8 Cross LF behindRF, RF to the R, Cross LF in front of RF

[57 to 64] R STEP TURN 1/2 Pivot- TRIPLE TURN 1/2- L ROCK BACK

RECOVER- L KICK BALL CHANGE

1-2 RF fwd, ½ Turn to the L - 6H

3&4 Triple Step RF before Pivot ½ Turn to the L (R-L-R)

5-6 Rock LF behind, gather on RF

7&8 Kick Ball LF: Kick LF fwd, Gather LF next to RF, Point RF next to LF

*1st Wall: in full – 2nd wall, here: interpret the choreography until the end of section N°6: 41 to 48 (Restart: resume the dance at the start of 12H)

Ending - Final resume 4th section at:

25 – 26 frpù STEP LEFT ½: 1-2 LF fwd, pivot 1/4 turn to the right

27 – 28 in BEHIND SIDE CROSS: 3&4 Cross LF behind RF, RF to the R, Cross LF in front of RF

(Hat Salute)

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