Heave Away AB

Compte: 32

Niveau: Absolute Beginner

Chorégraphe: Rafel Corbí (ES) - October 2022

Musique: Heave Away (feat. Nathan Carter) - Ceol

Intro: 32 counts

GRAPEVINE RIGHT, GRAPEVINE LEFT

- 1,2,3,4 Step R to right side, Step L behind R, Step R to right side, Touch L beside R
- 5,6,7,8 Step L to left side, Step R behind L, Step L to left side, Touch R beside L

CHARLESTON STEPS TWICE

- 9-12 Step R forward, kick L forward, step L back, touch R back
- 13-16 Step R forward, kick L forward, step L back, touch R back

WALKS FORWARD WITH KICK, WALKS BACK WITH TOUCH

- 17-20 Step forward on R, Step forward on L, Step forward on R, Kick L foot forward
- 21-24 Step back on L, Step back on R, Step back on L, touch R beside L

SIDE TOGETHER x 4 MAKING A ¼ TURN LEFT

- 25-26 Step R to right side, touch L next to R (clap hands optional)
- 27-28 Step L to left side, touch R next to LF
- 29-30 Making a ¼ turn L step R to right side, touch L next to R (clap hands optional) 9:00
- 31-32 Step L to left side, touch R next to L

End of choreo

On wall 3, looking 6, repeat the vines, so you do them twice

At the end of wall 5, looking 9, add a V-Step before starting the dance again

1-4 Step forward and out to right with R, open L to left and out, step back with R back to center, step L next to R





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Mur: 4