

Trashy Women

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 1

Niveau: Absolute Beginner



Chorégraphe: Dee Palmer (USA) - January 2023

Musique: Trashy Women - Confederate Railroad

#16 Count Intro

(1-8) VINE RIGHT AND LEFT

- 1-4 Step R to right side, step L behind right, step R to side, touch L beside right
5-8 Step L to left side, step R behind left, step L to side, touch R beside left

(9-16) VINE RIGHT AND LEFT

- 1-4 Step R to right side, step L behind right, step R to side, touch L beside right
5-8 Step L to left side, step R behind left, step L to side, touch R beside left

Option for 4 wall dance is a left turn with the left vine

(17-24) 4 TOE/HEEL STRUTS - ALTERNATING FEET

- 1-4 Touch right toe forward, drop heel, touch left toe forward, drop heel
5-8 Touch right toe forward, drop heel, touch left toe forward, drop heel

(25-32) RIGHT AND LEFT DOUBLE HIP BUMPS, R-L-R-L SINGLE HIP BUMPS

- 1-4 Step right foot slightly forward and bump hips, two times right and two times left
5-8 Bumps hips, one time - R - L - R - L

REPEAT

For a Christmas dance, Santa Claus Is Coming In A Boogie Woogie Choo Choo Train by the Tractors (long intro)

Fun, easy steps with no turning, for those just learning to dance!

Last Update: 5 Dec 2023